



UNIVERSIDADE DE ÉVORA

CHRC - COMPREHENSIVE HEALTH RESEARCH CENTRE

Research Scholarship for Bachelor's Degree - 1 vacancy

29 of November of 2023

A call for tenders is open for one Bachelor's Degree Scholarship within the scope of the project Active and Mindful with the reference 101134389, co-financed by the European Commission, under the following conditions:

Scientific área: Human Kinetics

Admission requirements: Bachelor's degree in Sports Sciences, with proven experience in developing exercise programs for people with Multiple Sclerosis. Experience in conducting exercise sessions for adults using digital environments will also be a preferential factor.

As set forth FCT Research Scholarship Regulation No. 950/2019 of December 16, 2019, article 3 and 6, candidates for "BI" must comply as a rule condition for the award of the scholarship, the effective inclusion in study cycles leading to the attribution of academic degrees or in courses not leading to an academic degree. Courses that do not confer an academic degree correspond to the courses provided for in subparagraph e) of paragraph 3 of article 4 of Decree-Law No. 74/2006 of 24 March and must be developed in a higher education institution in association with at least one R&D unit, including a course plan in one or several research areas of the unit.

Work plan:

- Preparation and planning of integrative exercise programs (synchronous and asynchronous) for people with multiple sclerosis.
- Implementation, evaluation, and monitoring of integrative exercise programs (synchronous and asynchronous) for people with multiple sclerosis.
- Database management.
- Data analysis.
- Participation in scientific communication and dissemination.

Applicable legislation and regulations: The granting of the Research Scholarship will be carried out upon the signing of a contract between the University of Évora and the scholarship holder, as set in former.fct.pt/apoios/Minuta_Contrato_Bolsa.docx, pursuant to the Research



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Scholarship Statute (Law No. 40/2004 of August 18 and Decree-Law No. 123/2019 of August 28) and in accordance with the legislation and Regulation of Research Grants of the Foundation for Science and Technology, IP in force, regulation no950/2019 of December 16, 2019 <https://files.dre.pt/2s/2019/12/241000000/0009100105.pdf> and other applicable rules.

Workplace: The work will be carried out at the Comprehensive Health Research Centre of the University of Évora, under the scientific guidance of Professor José Francisco Filipe Marmeleira.

Duration of the scholarship: The grant will have a duration of 12 months, with expected start in February 2024. The grant contract may be renewed for a maximum of 3 months.

Monthly maintenance allowance: The grant amount is €930.98, according to the table of values for scholarship awarded directly by FCT, I.P. in Portugal (https://www.fct.pt/wp-content/uploads/2023/02/Tabela-de-Valores-SMM_2023.pdf), with payments made monthly by check or bank transfer.

Selection methods: The selection methods to be used are as follows: curriculum evaluation (50%, fifty percent), and interview (50%, fifty percent).

Composition of the Selection Jury:

President - Professor José Francisco Filipe Marmeleira

1st effective member - Professor Pablo Tomás Carús

2nd effective member - Professor Guida Veiga

1st alternate member - Professor João Paulo Sousa

2nd alternate member - Professor Ana Rita Matias

Publication/notification of results: The final evaluation results will be publicized through a list ordered by the final score posted in a visible and public place at the Comprehensive Health Research Centre of the University of Évora, and the approved candidate will be notified by email. To ensure the right of prior hearing of interested parties, the Final Classification project will be announced by any written means to all interested parties.

After communicating the provisional list of the results of the evaluation, candidates have a period of 10 working days to express their opinion in a preliminary hearing of interested parties.

Application deadline and submission method: The tender is open from December 6 to December 21, 2023, and the selection results will be published by January 5, 2024.

Applications must be formalized, mandatorily, by sending a cover letter accompanied by the following documents: Curriculum Vitae, certificate of qualifications, proof of enrollment in a study cycle or course not leading to an academic degree, and other relevant supporting documents.



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For the purposes of application, the evidence may be replaced by a declaration of honor signed by the candidate, but the failure to demonstrate that evidence, in the contracting phase, possession of the required degree on the deadline for application or the non-presentation of proof of enrollment in the study cycle or non-degree course, for scholarships with this component, imply the cancellation of the candidate's application.

Academic degrees obtained in foreign countries require registration by a Portuguese institution in accordance with Decree-Law No. 66/2018, of August 16, and Ordinance No. 33/2019, of January 25. The presentation of the certificate is mandatory for the contract signing. More information can be obtained at: <https://www.dges.gov.pt/pt/pagina/reconhecimento?plid=374>

Applications should be sent by email to:

Professor José Francisco Filipe Marmeleira
Comprehensive Health Research Centre da Universidade de Évora
e-mail: jmarmel@uevora.pt



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