



## Study Plan

**School:** School of Sciences and Technology  
**Degree:** Master  
**Course:** Relational Psychomotricity (cód. 185)

### 1st Year - 1st Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI09737	Development Psychopathology	Psychology	4	Trimester	104
PSI09738	Psychopathology and Psychomotor Expression	Psychology	4	Trimester	104
DES09739	Psychomotor Performance and Neuropsychological Functions	Human Physical Activity	4	Trimester	104
DES09741	Observation Methods of Psychomotor Expression	Human Physical Activity	5	Trimester	130
DES09742	Quantitative Research Methodology	Human Physical Activity	5	Trimester	130
DES09743	Theories of the Psychomotor Practice	Human Physical Activity	4	Trimester	104
PSI08426	Introduction to Psychoanalysis	Psychology	4	Trimester	104

### 1st Year - 2nd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
DES09744	Therapeutic Relaxation	Human Physical Activity	4	Trimester	104
PSI09745	Expressive Therapies and Corporality	Psychology	5	Trimester	130
DES09746	Psychomotor Practice	Human Physical Activity	10	Trimester	260
DES09747	Psychomotor and Psychosomatic Performances	Human Physical Activity	4	Trimester	104
DES09748	Psychomotor Performance and Learning Difficulties	Human Physical Activity	4	Trimester	104
DES09749	Qualitative Research Methodology	Health	5	Trimester	130

### 2nd Year - 3rd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
DES09750	Clinical Seminars	Health	5	Trimester	130
DES09751	Management and Planning of the Clinical Practice	Health	3	Trimester	78
DES09752	Nonverbal Communication in the Psychomotor Practice	Health	5	Trimester	130
DES09753	Psychomotor Performance and Kinesiology	Health	3	Trimester	78
Dissertation					

### 2nd Year - 4th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Dissertation					



## Conditions for obtaining the Degree:

\*\*\* TRANSLATE ME: Para aprovação na componente curricular é necessário a aprovação (através e avaliação ou creditação) das seguintes unidades curriculares: {\}

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1º Semestre: {\}

7 UC obrigatórias num total de 30 Ects {\}

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2º Semestre: {\}

6 UC obrigatórias num total de 32 Ects {\}

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3º Semestre: {\}

4 UC Obrigatórias num total de 16 Ects {\}

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Para obtenção do grau, é necessário também a aprovação em Dissertação no total de 42 ECTS, no 3.º e 4.º Semestre. \*\*\*

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