



Study Plan

School: Institute for Research and Advanced Training

Degree: Doctorate

Course: Sociology: Knowledge for Open and Inclusive Societies - Inter-University PhD Programme OpenSoc (cód. 484)

1st Year - 1st Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC10895D	Contemporary Theoretical Debates	Sociology	8	Semester	224
SOC10896D	Research Methodology	Sociology	8	Semester	224
SOC10897D	Advanced Seminar in Sociology I	Sociology	4	Semester	112
SOC10898D	Research Seminar I	Sociology	10	Semester	280

1st Year - 2nd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC10899D	Advanced Seminar in Sociology II	Sociology	4	Semester	112
SOC10900D	Research Seminar II	Sociology	10	Semester	280



1st Year - 2nd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Group of Options					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC10904D	Sociological Research: Introduction to Population Analysis	*** TRANSLATE ME: Sociologia e Ciências Sociais ***	8	Semester	224
SOC10905D	Research Laboratory	*** TRANSLATE ME: Sociologia e Ciências Sociais ***	8	Semester	224
SOC10906D	Sociology and Prospective Territorial and Planning	*** TRANSLATE ME: Sociologia e Ciências Sociais ***	8	Semester	224
SOC10907D	Health, Society and Risk	*** TRANSLATE ME: Sociologia e Ciências Sociais ***	8	Semester	224
SOC10908D	Planning and Evaluation of Development Projects	*** TRANSLATE ME: Sociologia e Ciências Sociais ***	8	Semester	224
SOC10909D	Methods and Techniques of Qualitative Research	*** TRANSLATE ME: Sociologia e Ciências Sociais ***	8	Semester	224
SOC10910D	Science in Society	*** TRANSLATE ME: Sociologia e Ciências Sociais ***	8	Semester	224
SOC10911D	Analytic of Contemporary Tourism	*** TRANSLATE ME: Sociologia e Ciências Sociais ***	8	Semester	224
SOC10912D	Sociological Theories: The Classics	*** TRANSLATE ME: Sociologia e Ciências Sociais ***	8	Semester	224
SOC10913D	Young, Learning and Social Dynamics	*** TRANSLATE ME: Sociologia e Ciências Sociais ***	8	Semester	224
SOC10914D	Aging Demographic and Societal Challenges	*** TRANSLATE ME: Sociologia e Ciências Sociais ***	8	Semester	224
SOC13294D	Methods and Techniques of Quantitative Research	*** TRANSLATE ME: Sociologia e Ciências Sociais ***	8	Semester	224
SOC13295D	Gender, Work and Family	*** TRANSLATE ME: Sociologia e Ciências Sociais ***	8	Semester	224
Group of Free Options					



2nd Year - 3rd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC10901D	Research Seminar III	Sociology	5	Year	140
Thesis					

2nd Year - 4th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Thesis					

3rd Year - 5th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC10902D	Research Seminar IV	Sociology	5	Year	140
Thesis					

3rd Year - 6th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Thesis					

4th Year - 7th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC10903D	Research Seminar V	Sociology	5	Year	140
Thesis					

4th Year - 8th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Thesis					

Conditions for obtaining the Degree:

*** TRANSLATE ME: Para aprovação na componente curricular deste programa de doutoramento é necessário a aprovação (através de avaliação ou creditação) das seguintes unidades curriculares:

1.º semestre

- 4 UC obrigatórias num total de 30 ECTS

2.º semestre

- 2 UC obrigatória num total de 14 ECTS

- Optativa Livre num total de 8 ECTS

- 1 Optativa num total de 8 ECTS

Para obtenção do grau, é necessário a aprovação na Tese num total de 180 ECTS ***

Program Contents

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Contemporary Theoretical Debates (SOC10895D)

The syllabus is designed in order to address issues and debates always framed as cross-cutting issues and that have been present throughout the history of social science. For illustrative purposes, the classes will address topics such as:

- 1) 'Cohesion, integration and social differentiation';
- 2) 'Rationality, autonomy and body surveillance';
- 3) 'Modern human condition, identity and self-expression';
- 4) 'Conventions, social justice and recognition'

These issues, among others, are thought to enable the mobilization and dialogue between classical and contemporary sociological scholarship.



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Research Methodology (SOC10896D)

Framework

I. Motivations and biographical itineraries

II How to design a research project

III Defining the research question and the theoretical framework.

IV Models of analysis. Operationalization and Observation (I). Quantitative Approach

V- Operationalization and Observation (II) Qualitative approach and Field Research

VI -Operationalization and Observation (III) Mixed Methods

VII Analyzing results and drawing conclusions.

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Advanced Seminar in Sociology I (SOC10897D)

As a research seminar that embraces in a common dialogue sociologists (academic researchers) and Ph students, it is structured in 2-3 thematic blocks, specifically chosen (at the beginning of each semestre, and meeting the themes of the individual thesis) within a set of thematical - either consolidated or emerging - areas but transversal and strategical for the scientific identity of the different OU of the Consortium. The following domains were already identified: Economical and Organizational Sociology; Territory, Mobility and Environment; Culture, life styles and values; education , childhood and life course; family and gender; population, health and ageeing; politics, communication and media. Each session consists in the presentation and discussion of an ongoing or recent research project.

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Research Seminar I (SOC10898D)

With an internal and disciplinary nature, this Seminar is organized in sessions where

- Tools and techniques of bibliography collecting, handling and citation are provided;
- PhD projects by students of former years are presented and discussed, so that high scientific standards are understood by the newcomers;
- Chapters of already concluded theses are read and discussed, so that students are confronted with writing tools, techniques and styles, as well as other formal dimensions (internal structuration of dissertations)
- Students present and debate collectively their own individual PhD projects – in their different stages of elaboration - so that colleagues can enrich them with their contributions
- students prepare the final public presentation and discussion of their PhD projects

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Advanced Seminar in Sociology II (SOC10899D)

As a research seminar that embraces in a common dialogue sociologists (academic researchers) and Ph students, it is structured in 2-3 thematic blocks, specifically chosen (at the beginning of each semestre, and meeting the themes of the individual thesis) within a set of thematical - either consolidated or emerging - areas but transversal and strategical for the scientific identity of the different OU of the Consortium. The following domains were already identified: Economical and Organizational Sociology; Territory, Mobility and Environment; Culture, life styles and values; education , childhood and life course; family and gender; population, health and ageeing; politics, communication and media. Each session consists in the presentation and discussion of an ongoing or recent research project.



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Research Seminar II (SOC10900D)

With an internal and disciplinary nature, this Seminar is organized in sessions where

- Tools and techniques of bibliography collecting, handling and citation are provided;
- PhD projects by students of former years are presented and discussed, so that high scientific standards are understood by the newcomers;
- Chapters of already concluded theses are read and discussed, so that students are confronted with writing tools, techniques and styles, as well as other formal dimensions (internal structuration of dissertations)
- Students present and debate collectively their own individual PhD projects – in their different stages of elaboration - so that colleagues can enrich them with their contributions
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Sociological Research: Introduction to Population Analysis (SOC10904D)

1. Introduction to Population Analysis
2. Population Issues
3. Practical Computer Applications for Socio-Demographic Analysis

This course provides an introduction to basic demographic concepts, data, indicators and techniques. The course emphasizes hands-on applications of these techniques in the analysis of population dynamics in Portugal and European Countries. Students will learn about the main sources of demographic data, including censuses, surveys, and vital statistics, and methods to estimate demographic processes.

The topic is designed to introduce students to the core areas of social demography and recent developments in the field. Although the issues can vary according to student's needs and demand, it covers: social perspectives on health and mortality; social and demographic factors explaining levels, trends, and differentials in human fertility with an emphasis on family demography; migration and global societal changes.

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Research Laboratory (SOC10905D)

Activities and tasks defined on a case by case basis, take into account the student's research interests and the characteristics and stage of the Research Project which he integrates:

- attendance of the research team's seminars, meetings;
- Hands-on practice of research, data collection and processing, and/or contributions to the theoretical and methodological framework of the project (e.g. construction of a framework; write up an semi-structured interview guide; pre-test of a survey questionnaire; exploratory interviews of a qualitative research project; analysis of quantitative data);
- Taking part in scientific conferences/seminars

Research Groups: Family, Gender, Life Course; Learning, Schooling and Youth Trajectories; Communication, Media; Urban Dynamics, Citizenship; Identity, Migration, Religion; Environment, Sustainability; Politics, Social Processes; Science, Technology; Responsibility; Economy, work, organizations; Culture, lifestyle, values; Population, health, ageing.



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Sociology and Prospective Territorial and Planning (SOC10906D)

1. Sociology, Future Studies and Forecasting:

- Fundamentals and concepts of foresight.
- Prospective Sociology and public policy.
- Diagnosis prospective organizations and territories.
- Limits of Foresight.

2. Prospective methods:

- Types of methods.
- The methods of the French School (La Prospective): The scenario planning.

3. The operationalization of 'scenario method of the French School:

- To identify key questions for the future, thanks to structural analysis (MICMAC Method).
- To analyse the interplay of actors (MACTOR Method).
- To explore the field of possibilities with the morphological analysis (MORPHOL Method).
- To identify the most likely scenarios as well as the various risks of rupture (SMIC PROB-EXPERT Method).
- To identify and evaluate strategic options with the (MULTIPOL Method).

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Health, Society and Risk (SOC10907D)

1. Health, risk and lifestyles

2. Healthization

3. Biomedicalization of everyday life

4. Popular rationalities and health

5. Social care: themes and perspectives

6. Continuous and palliative care

7. Health technology assessment

8. Cases studies

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Planning and Evaluation of Development Projects (SOC10908D)

Module 1: - Theoretical and Methodological Foundations of Planning (Planning Models and Paradigms; Vision Integrated Process Planning and Ideal Scenarios; Weaknesses inherent in the Planning Process)

Module 2 - The Planning and phased process, and intervention (Diagnostic Needs; Setting Goals and Establishing Priorities; Design and Action Planning; Intervention Models)

Module 3: - Systems Monitoring and Evaluation Project (Concepts and Purpose of Program Evaluation; The Planning Process Evaluation; Tracking Systems Programs and Projects; The Four Dimensions of the evaluation process (criteria, evidence, trial and strategies); Assessment Strategies; Project Evaluation: types, methodologies, tools; Capitalisation of Experiences: Case Studies)



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Methods and Techniques of Qualitative Research (SOC10909D)

1. Epistemology and methodological pluralism in Sociology: the potential of qualitative methods
2. Ethnographic approach: observation on the ground and field diaries
3. Biographical Approach: life stories, personal and collective memory
4. Uses of oral history, archives and documental sources
5. Online research methodologies
6. Uses of image and visual technologies
7. Interviews and discussion groups: diversity of procedures
8. Participatory methodologies and research-action
9. Content analysis procedures
10. Case studies

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Science in Society (SOC10910D)

1. Introduction: the place of science in contemporary societies
2. The sociology of science: major authors and trends
3. Recent transformations of scientific activity: systems, practices, interactions
4. The organisation of science in Portugal: evolution and change
5. Technoscientific risks, local knowledge and citizen participation
6. From the public understanding of science to the public engagement with science
7. Scientific careers: vocations, barriers, opportunities
8. Internationalisation of science: networks, collaboration, mobility
9. Interdisciplinarity: strengths and challenges
10. The place of the social sciences in the production and dissemination of science
11. Intersections between science and other domains (environment, food, energy, health)
12. Science and art: the two cultures revisited

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Analytic of Contemporary Tourism (SOC10911D)

I. TOURISM AS A MULTIDIMENSIONAL EXPERIENCE

1. Axes of tourism experiences
 - 1.1 General Theory of Experience
 - 1.2 Modernity and the structuration of Social Times
 - 1.3 Modernity and experience
 - 1.4. Objective social conditions and tourism practices
 - 1.4.1 Field's theory and the analysis of tourism
 - 1.4.2 Cultural production, circulation and consuming in tourism
 - 1.4.3 Tourism and lifestyles

II. ANALIZING TOURISM EXPERIENCES

- 2.1 Tourism models and subjectivity
 - 2.1.1 Tourism and liminality
 - 2.1.2 Tourism, body and gender
- 2.2 Tourism models and institutions
- 2.3 The rhetoric of tourism
- 2.4 Tourism dynamics
 - 2.4.1 Crossing the Border: territories, times, destinations, itineraries and flows
- 2.5 Crisis of the contemporary tourism models

III PROBLEMS AND ISSUES OF CONTEMPORARY TOURISM

- 3.1 Tourism control of culture and its implications
 - 3.1.1 Tourism rituals and cultural «apostasies»
 - 3.1.2 From «authenticity» to the industrial reproduction of «creative tourism»



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Sociological Theories: The Classics (SOC10912D)

1. The philosophical background of sociological thought and the birth of the social sciences
2. Relevant precursors: Saint Simon, Herbert Spencer, Vilfredo Pareto, Auguste Comte
3. The founders of great reference: Emile Durkheim, Karl Marx and Max Weber
4. The institutionalization of sociology on both sides of the Atlantic
5. The differentiation of sociology: sociological traditions up to the mid-twentieth century
6. Conclusion: the legacy of classical

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Young, Learning and Social Dynamics (SOC10913D)

Being young

- The emergence of youth as a social condition
- Paradigmatic approaches: generations, transitions and youth cultures
- The plurality of juvenile condition

Learning experiences and youth

- The school experience as a constitutive dimension of adolescents and youth worlds
- Education, learning and the construction of future projects
- Socialization and sociability - the importance of media culture and new information technologies in youth social relations
- Life experiences and somatic cultures: the centrality of the body as a marker, classifier and physical capital

Youth and social dynamics

- Mapping Portuguese youth - dynamics and trends
- Youth(s) in the European context: contrasts and diversities
- Uncertain transitions - from the linearity of transition pathways to adulthood to yo-yo transitions
- Youth autonomy under dependency conditions
- Mobility as a competence – to depart to know oneself

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Aging Demographic and Societal Challenges (SOC10914D)

1. Global Ageing: An overview of the main trends in the developed world and developing countries;
2. Dynamics of aging in developed countries;
3. Demography of Aging: key determinants;
4. Aging, family networks and the life cycle;
5. Aging, gender and health;
6. Economic impacts of population aging;
7. Challenges of accelerated aging on public policies



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Methods and Techniques of Quantitative Research (SOC13294D)

1. Kinds of data and measurement scales
2. Sampling
 - a. representativeness
 - b. kinds of samples
 - c. sampling error
3. Descriptive statistics
 - a. graphic representation
 - b. frequency and contingency tables
 - c. central tendency measures
 - d. dispersion measures
 - e. normal distribution
4. Chi-squared independence test (hypotheses testing)
5. Association measures
6. Correlation coefficients
7. Tests to the comparison of means: t test for independent samples
8. Variance analysis: one-factor ANOVA
9. Multiple | multilevel multiple regression
10. Multiple Correspondence Analysis (MCA)
11. Multidimensional Scaling (MDS)
12. Principal Components Analysis (PCA)
13. Structural Equations Models (SEM)

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Gender, Work and Family (SOC13295D)

1. Contributions provided by Sociology and Gender Studies
2. Gender in a global perspective
3. Gender, family and intimate relationships.
4. Gender, masculinities and femininities
5. Sex, Gender and Sexualities
6. Fatherhood, Motherhood: change and pluralism
7. Gender, education and human capital
8. Gender and labour market
9. Gender, leadership and organizations

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Research Seminar III (SOC10901D)

With an internal and disciplinary nature, this Seminar is organized in sessions where students present and debate collectively their own individual PhD research, so that colleagues can enrich them with their contributions.

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Research Seminar IV (SOC10902D)

This is a curricular unit focused on framing and evaluation of doctoral student autonomous work, in particular at the level of presentation (oral and written) and public discussion of materials related with their individual research project development. Nevertheless there is no rigid curriculum content, seminars sessions mainly focus on the following topics:

- 1: Dilemmas of Advanced Research in Sociology
- 2: Activities of scientific production;
- 3: Activities of public communication.



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Research Seminar V (SOC10903D)

This Curricular Unit is organized in the form of seminar sessions during which:

- Successful already concluded PhD thesis will be presented to the students, in order to discuss the structures, models and options available;
- Chapters and other parts of the students thesis already written, will be discussed and debated in a friendly criticism environment so that colleagues can enrich them with their contributions;
- Students will prepare and rehearse the final public presentation and discussion of their PhD thesis;
- The main ethical and epistemological dilemmas, obstacles and problems they have been confronted during the research process will be shared and discussed.