



Study Plan

School: School of Social Sciences

Degree: Bachelor

Course: Sociology (cód. 205)

1st Year - 1st Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02403L	General Sociology	Sociology	6	Semester	156
SOC02404L	Methods and Techniques of Sociological Research I	Sociology	6	Semester	156
MAT00075L	Statistics Applied to Social Sciences	Mathematics	6	Semester	162
ECN02283L	Political Economy	Economy	6	Semester	156
INF00871L	Introduction to Information Technologies	Informatics	3	Semester	82
LLT02313L	Academic Writing Skills	Languages and Literature	3	Semester	78

1st Year - 2nd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02405L	Sociological Theories I	Sociology	6	Semester	156
SOC02406L	Methods and Techniques of Sociological Research II	Sociology	6	Semester	156
SOC02385L	Demography	Sociology	6	Semester	156
SOC02407L	Cultural Anthropology	Anthropology	6	Semester	156

Group of Options

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
FIL02321L	Critical Thinking and Argumentation	Philosophy	6	Semester	156
HIS02422L	History Themes of the twentieth century	History	6	Semester	156
GES02310L	Entrepreneurship and Innovation	Management	6	Semester	156
ECN02290L	Introduction to Law	Juridical Sciences	6	Semester	156
PSI02423L	Social Psychology	Psychology	6	Semester	156

2nd Year - 3rd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02408L	Sociological Theories II	Sociology	6	Semester	156
SOC02409L	Quantitative Analysis Laboratory	Sociology	6	Semester	156
SOC02410L	Sociology of the Family	Sociology	6	Semester	156



2nd Year - 3rd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02411L	Sociology of Education	Sociology	6	Semester	156

Group of Options

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02424L	Demographic Projections	Sociology	6	Semester	156
SOC02425L	Sociology of Childhood	Sociology	6	Semester	156
SOC02426L	Sociology of Health	Sociology	6	Semester	156
SOC02427L	Sociology of Leisure and Tourism	Sociology	6	Semester	156
SOC02428L	Sociology of Cultural Heritage	Sociology	6	Semester	156
SOC02429L	Human Resources Development	Sociology	6	Semester	156
SOC02430L	Planning and Social Intervention	Sociology	6	Semester	156
SOC02431L	Sociology of Innovation and Entrepreneurship	Sociology	6	Semester	156
SOC02432L	Sociology of Technology	Sociology	6	Semester	156
SOC02433L	Sociology of Sport	Sociology	6	Semester	156
SOC02434L	Sociology of Spatial Planning	Sociology	6	Semester	156
SOC02435L	Sociology of Work	Sociology	6	Semester	156

2nd Year - 4th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02412L	Structure and Social Inequalities	Sociology	6	Semester	156
SOC02413L	Qualitative Analysis Laboratory	Sociology	6	Semester	156
SOC02414L	Sociology of Communication and Media	Sociology	6	Semester	156
SOC02415L	Sociology of Development	Sociology	6	Semester	156



2nd Year - 4th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Group of Options					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02424L	Demographic Projections	Sociology	6	Semester	156
SOC02425L	Sociology of Childhood	Sociology	6	Semester	156
SOC02426L	Sociology of Health	Sociology	6	Semester	156
SOC02427L	Sociology of Leisure and Tourism	Sociology	6	Semester	156
SOC02428L	Sociology of Cultural Heritage	Sociology	6	Semester	156
SOC02429L	Human Resources Development	Sociology	6	Semester	156
SOC02430L	Planning and Social Intervention	Sociology	6	Semester	156
SOC02431L	Sociology of Innovation and Entrepreneurship	Sociology	6	Semester	156
SOC02432L	Sociology of Technology	Sociology	6	Semester	156
SOC02433L	Sociology of Sport	Sociology	6	Semester	156
SOC02434L	Sociology of Spatial Planning	Sociology	6	Semester	156
SOC02435L	Sociology of Work	Sociology	6	Semester	156

3rd Year - 5th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02298L	Sociology of Peace and Conflicts	Sociology	6	Semester	156
SOC02416L	Sociology of Organizations	Sociology	6	Semester	156
SOC02417L	Contemporary Social Problems	Sociology	6	Semester	156
SOC02418L	Research Laboratory - Project Preparation	Sociology	6	Semester	156



3rd Year - 5th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Group of Options					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02424L	Demographic Projections	Sociology	6	Semester	156
SOC02425L	Sociology of Childhood	Sociology	6	Semester	156
SOC02426L	Sociology of Health	Sociology	6	Semester	156
SOC02427L	Sociology of Leisure and Tourism	Sociology	6	Semester	156
SOC02428L	Sociology of Cultural Heritage	Sociology	6	Semester	156
SOC02429L	Human Resources Development	Sociology	6	Semester	156
SOC02430L	Planning and Social Intervention	Sociology	6	Semester	156
SOC02431L	Sociology of Innovation and Entrepreneurship	Sociology	6	Semester	156
SOC02432L	Sociology of Technology	Sociology	6	Semester	156
SOC02433L	Sociology of Sport	Sociology	6	Semester	156
SOC02434L	Sociology of Spatial Planning	Sociology	6	Semester	156
SOC02435L	Sociology of Work	Sociology	6	Semester	156

3rd Year - 6th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02419L	Economic Sociology	Sociology	6	Semester	156
SOC02420L	Sociology of Culture	Sociology	6	Semester	156
SOC02421L	Research Laboratory - Project Execution	Sociology	12	Semester	312



3rd Year - 6th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Group of Options					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02424L	Demographic Projections	Sociology	6	Semester	156
SOC02425L	Sociology of Childhood	Sociology	6	Semester	156
SOC02426L	Sociology of Health	Sociology	6	Semester	156
SOC02427L	Sociology of Leisure and Tourism	Sociology	6	Semester	156
SOC02428L	Sociology of Cultural Heritage	Sociology	6	Semester	156
SOC02429L	Human Resources Development	Sociology	6	Semester	156
SOC02430L	Planning and Social Intervention	Sociology	6	Semester	156
SOC02431L	Sociology of Innovation and Entrepreneurship	Sociology	6	Semester	156
SOC02432L	Sociology of Technology	Sociology	6	Semester	156
SOC02433L	Sociology of Sport	Sociology	6	Semester	156
SOC02434L	Sociology of Spatial Planning	Sociology	6	Semester	156
SOC02435L	Sociology of Work	Sociology	6	Semester	156

Conditions for obtaining the Degree:

*** TRANSLATE ME: Sociologia

Para obtenção do grau de licenciado em Sociologia é necessário obter aprovação a 150 ECTS em unidades de curriculares obrigatórias e 30 ECTS (24ECTS área Sociologia e 6 ECTS outras áreas) em unidades curriculares optativas, distribuídas da seguinte forma:

1º Ano

1º Semestre:

6 UC Obrigatórias num total de 30 ECTS

2º Semestre

4 UC Obrigatórias num total de 24 ECTS

1 UC Optativa num total de 6 ECTS

2º Ano

3º Semestre

4 UC Obrigatórias num total de 24 ECTS

1 UC Optativa num total de 6 ECTS

4º Semestre

4 UC Obrigatórias num total de 24 ECTS

1 UC Optativa num total de 6 ECTS

3º Ano

5º Semestre

4 UC Obrigatórias num total de 24 ECTS

1 UC Optativa num total de 6 ECTS

6º Semestre

3 UC Obrigatórias num total de 24 ECTS

1 UC Optativa num total de 6 ECTS ***



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General Sociology (SOC02403L)

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Methods and Techniques of Sociological Research I (SOC02404L)

I - Introduction: The social research: importance, usefulness, obstacles and resources; Ethics in research; Strategies and typologies of the Social Research. The Research Project - general operating criteria.

II - The Planification of the Research: Choice of Theme and its delimitation; the hypothesis formulation; measuring in social research.

III - The Collection of Information: the universe to study and sampling techniques. Typologies of the observation and data collection techniques: the available information (types and relevance); the triggered information (questionnaire).

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Statistics Applied to Social Sciences (MAT00075L)

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Political Economy (ECN02283L)

Introduction - Fundamental Notions {\}

1 The context of Economic Analysis {\}

1 1 Economic activity in context; {\}

1 2 Instruments of economic analysis; {\}

1 3 Mechanism Market: Supply and Demand; {\}

2 Macroeconomic measurement; {\}

3 Macroeconomic Theory and Policy {\}

3.1 Aggregate Demand and economic fluctuations; {\}

3.2 Fiscal and budgetary policy; {\}

3.3 Money and Monetary Policy; {\}

3.4 Aggregate Supply, Aggregate demand and inflation: interactions.

4 Employment and unemployment;

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Introduction to Information Technologies (INF00871L)

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Academic Writing Skills (LLT02313L)

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Sociological Theories I (SOC02405L)



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Methods and Techniques of Sociological Research II (SOC02406L)

The Collection of Information: the triggered information (interview); direct observation (characteristics, types, limitations and control procedures).

Validation, Processing and Synthesis of the Information: validation of the data (internal and external validation); the coding and quantitative and qualitative processing of the data; Tabulation and graphical representation of empirical data.

The Research Report: General aspects of a Research Report; analysis of concrete research reports.

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Demography (SOC02385L)

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Cultural Anthropology (SOC02407L)

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Critical Thinking and Argumentation (FIL02321L)

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History Themes of the twentieth century (HIS02422L)

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Entrepreneurship and Innovation (GES02310L)

Module 1 – Introduction to Entrepreneurship and Innovation

- a. Definitions and concepts of Entrepreneurship
- b. Profile and characteristics of entrepreneurs
- c. Social entrepreneurship and intrapreneurship
- d. What is innovation? Types of innovation
- d. Dynamics of innovation

Module 2 – Conception and Structuring business ideas

- a. Process and techniques of generating ideas
- b. Design Thinking tool
- c. Evaluation of business ideas
- d. The process of creating a business idea and firm
- e. Simulation games- from ideas to business formation

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Introduction to Law (ECN02290L)

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Social Psychology (PSI02423L)



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Sociological Theories II (SOC02408L)

Introduction: Controversies and domains of sociology

I. Schools and developments in the twentieth century

1. Functionalism and Structural Functionalism
2. Symbolic interactionism and the Chicago School
3. Critical Theory (Frankfurt School)

II. Reformulations and Synthesis Paradigms

1. Pierre Bourdieu and the theory of practice
2. Anthony Giddens and the theory of structuration

III. Recent trends and problems

1. Modernity, post modernity and social theory
2. The risk society
- 3 Identity and social reflexivity
4. Global cities and networked society

IV New (or renewed) challenges of social theory

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Quantitative Analysis Laboratory (SOC02409L)

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Sociology of the Family (SOC02410L)

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Sociology of Education (SOC02411L)

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Demographic Projections (SOC02424L)

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Sociology of Childhood (SOC02425L)



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Sociology of Health (SOC02426L)

- 1: Health, Illness/Disease and Society
 - 1.1. Health and illness/disease in the context of sociology
 - 1.2. Social inequalities in health and illness/disease
 - 1.3. Sociology of Health "Agenda"
- 2: Health and Illness/Disease Experiences
 - 2.1. Social representations of health and illness/disease
 - 2.2. Family, aging and self-management health care
- 3: Body, Health and Society
 - 3.1. Risks, body and medicalized society
 - 3.2. Sociology of health promotion
- 4: Organization of Health Care Delivery
 - 4.1. Health organizations and professions
 - 4.2. Sociological diagnosis and intervention in health care organizations

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Sociology of Leisure and Tourism (SOC02427L)

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Sociology of Cultural Heritage (SOC02428L)

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Human Resources Development (SOC02429L)

1. DRH: definition, origins and disciplinary foundations
2. DRH in the individual, organizational and societal sense
3. Society (s), Culture (s) and Organizations
4. Surroundings, new organizational configurations and HRD
 - 4.1. Relationship models between organizations
 - 4.2. Primary and secondary labor markets
 - 4.3. Management and HRD policies and practices
5. Business / organizational strategies in the era of globalization
 - 5.1. Technological innovation versus organizational and social innovation
 - 5.2. Outsourcing and relocation of economic activities
 - 5.3. Competitiveness by price versus competitiveness by innovation / knowledge
6. Technology, Innovation and the future of Employment
7. Social change, social movements and collective behavior

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Planning and Social Intervention (SOC02430L)



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Sociology of Innovation and Entrepreneurship (SOC02431L)

Part 1 .- The entrepreneur, entrepreneurship and innovation practices

- 1.1. The evolution of the concept of entrepreneur and business function
- 1.2. The role of SMEs in the evolution of modern societies
- 1.3. The role of knowledge and science in producing innovation
- 1.4. The social innovation: from macro to micro
- 1.5. Innovation and Sustainable Development
- 1.6. Spaces and areas of innovation; Innovation networks
- 1.7. Innovation and Globalization

Part 2 .- The innovation as fundament of the business initiative

- 2.1. Concept and innovation types
- 2.2. The formation of typologies of entrepreneurs and innovation
- 2.3. The characteristics of innovative firms
- 2.4. Business cultures and innovation
- 2.5. Innovation and local cultures

Part 3.- Innovation and Entrepreneurship

- 3.1. What is meant by entrepreneurship
- 3.2. Forms and types of entrepreneurship
- 3.3. Entrepreneurship as an area of sociological research
- 3.4. Entrepreneurial culture and promotion of entrepreneurial culture

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Sociology of Technology (SOC02432L)

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Sociology of Sport (SOC02433L)

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Sociology of Spatial Planning (SOC02434L)

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Sociology of Work (SOC02435L)

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Structure and Social Inequalities (SOC02412L)

Introduction: Social inequalities and the problem social classes/strata

A. Main theoretical frames

- 1 historical materialism and the theory of social classes
- 2 The functionalist paradigm and the theory of social stratification
- 3 Contemporary achievements
- 3.1 Bourdieu praxiology: habitus, field and action
- 3.2 The emergence of citizenship and the new social movements
- 3.3 Contemporary structuring of social inequalities: gender, ethnicity, poverty

B. Measuring issues and operational procedures

C. Social occupational dynamics in Portuguese and western societies



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Qualitative Analysis Laboratory (SOC02413L)

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Sociology of Communication and Media (SOC02414L)

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Sociology of Development (SOC02415L)

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Sociology of Peace and Conflicts (SOC02298L)

Introductory Questions: Conceptual framework of the discipline; The issue of the phenomena of peace and conflict in an international context.

State Power and Violence: The role of state and other actors in the international system; The political and military power in a democracy; Defense policy and departmental policy; Military Institution, Society and Political Power

The Geopolitics of Peace and Conflict: Power, geography and conflict in our times; War and Peace: the use of violence and the "Agenda for Peace"

Horizons research on peace and war: Research for peace: the current situation and future prospects; Main theories on the origin of war

New forms of warfare and violence without borders: Military and nonmilitary threats; Transnationalization of defense and security and systems of collective security; Redefinition of implementation strategies and missions of the forces involved; Models of relationship between international security and peace keeping.

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Sociology of Organizations (SOC02416L)

Module 1. The organizational phenomenon and study of organizations

1.1. Definition and objectives of sociology of organizations

1.2. Renewal the organizational insight

Module 2. Reflections about concept of organization

2.1. Definitions of organization

2.2. Components of organizational structure

Module 3. Evolution of organization theories

3.1. Organizations as rational systems

3.2. Organizations as human and social systems

3.3. Contemporary approaches to organizations

Module 4. Dynamics of individuals and groups in organizations

4.1. Actors and relations of power in organizational context

4.2. Perspectives of sociological intervention in organizations

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Contemporary Social Problems (SOC02417L)

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Research Laboratory - Project Preparation (SOC02418L)



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Economic Sociology (SOC02419L)

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Sociology of Culture (SOC02420L)

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Research Laboratory - Project Execution (SOC02421L)

1. The Observation Process

1.1. Observe what?

1.2. Observe who?: Population and sample

1.3. Observe how?: the instruments of observation – design, testing and data collection

1.4. key information gathering methods: questionnaire, interviews, direct observation and pre-existing data collection and secondary data

1.5. The fieldwork

2. The ANALYSIS of the INFORMATION

2.1. Three operations: data preparation: describe and aggregate; Analysis of the relationship between variables; Comparison of the observed results with the expected results and interpretation of the differences;

2.2. The main methods of analysis of information: statistical analysis of data; Content analysis;

3. The CONCLUSIONS

3.1. the broad Retrospective of the procedure

3.2. New contributions to the knowledge of the object of study

3.3. Practical considerations

4. The wording of the REPORT

4.1 specific procedures for the drafting of the report