



## Study Plan

**School:** School of Social Sciences

**Degree:** Bachelor

**Course:** Sociology (cód. 205)

### 1st Year - 1st Semester

| Component code | Name  | Scientific Area Field    | ECTS | Duration | Hours |
|----------------|---|--------------------------|------|----------|-------|
| SOC02403L      | General Sociology                                 | Sociology                | 6    | Semester | 156   |
| SOC02404L      | Methods and Techniques of Sociological Research I | Sociology                | 6    | Semester | 156   |
| MAT00075L      | Statistics Applied to Social Sciences             | Mathematics              | 6    | Semester | 162   |
| ECN02283L      | Political Economy                                 | Economy                  | 6    | Semester | 156   |
| INF00871L      | Introduction to Information Technologies          | Informatics              | 3    | Semester | 82    |
| LLT02313L      | Academic Writing Skills                           | Languages and Literature | 3    | Semester | 78    |

### 1st Year - 2nd Semester

| Component code | Name   | Scientific Area Field | ECTS | Duration | Hours |
|----------------|--|-----------------------|------|----------|-------|
| SOC02405L      | Sociological Theories I                            | Sociology             | 6    | Semester | 156   |
| SOC02406L      | Methods and Techniques of Sociological Research II | Sociology             | 6    | Semester | 156   |
| SOC02385L      | Demography   | Sociology             | 6    | Semester | 156   |
| SOC02407L      | Cultural Anthropology                              | Anthropology          | 6    | Semester | 156   |

#### Group of Options

| Component code | Name                                    | Scientific Area Field | ECTS | Duration | Hours |
|----------------|---|-----------------------|------|----------|-------|
| FIL02321L      | Critical Thinking and Argumentation     | Philosophy            | 6    | Semester | 156   |
| HIS02422L      | History Themes of the twentieth century | History               | 6    | Semester | 156   |
| GES02310L      | Entrepreneurship and Innovation         | Management            | 6    | Semester | 156   |
| ECN02290L      | Introduction to Law                     | Juridical Sciences    | 6    | Semester | 156   |
| PSI02423L      | Social Psychology                       | Psychology            | 6    | Semester | 156   |

### 2nd Year - 3rd Semester

| Component code | Name                             | Scientific Area Field | ECTS | Duration | Hours |
|----------------|----------------------------------|-----------------------|------|----------|-------|
| SOC02408L      | Sociological Theories II         | Sociology             | 6    | Semester | 156   |
| SOC02409L      | Quantitative Analysis Laboratory | Sociology             | 6    | Semester | 156   |
| SOC02410L      | Sociology of the Family          | Sociology             | 6    | Semester | 156   |
| SOC02411L      | Sociology of Education           | Sociology             | 6    | Semester | 156   |



## 2nd Year - 3rd Semester

| Component code          | Name   | Scientific Area Field | ECTS | Duration | Hours |
|-------------------------|--|-----------------------|------|----------|-------|
| <b>Group of Options</b> |  |                       |      |          |       |
| Component code          | Name   | Scientific Area Field | ECTS | Duration | Hours |
| SOC02424L               | Demographic Projections                      | Sociology             | 6    | Semester | 156   |
| SOC02425L               | Sociology of Childhood                       | Sociology             | 6    | Semester | 156   |
| SOC02426L               | Sociology of Health                          | Sociology             | 6    | Semester | 156   |
| SOC02427L               | Sociology of Leisure and Tourism             | Sociology             | 6    | Semester | 156   |
| SOC02428L               | Sociology of Cultural Heritage               | Sociology             | 6    | Semester | 156   |
| SOC02429L               | Human Resources Development                  | Sociology             | 6    | Semester | 156   |
| SOC02430L               | Planning and Social Intervention             | Sociology             | 6    | Semester | 156   |
| SOC02431L               | Sociology of Innovation and Entrepreneurship | Sociology             | 6    | Semester | 156   |
| SOC02432L               | Sociology of Technology                      | Sociology             | 6    | Semester | 156   |
| SOC02433L               | Sociology of Sport                           | Sociology             | 6    | Semester | 156   |
| SOC02434L               | Sociology of Spatial Planning                | Sociology             | 6    | Semester | 156   |
| SOC02435L               | Sociology of Work                            | Sociology             | 6    | Semester | 156   |

## 2nd Year - 4th Semester

| Component code | Name                                 | Scientific Area Field | ECTS | Duration | Hours |
|----------------|--------------------------------------|-----------------------|------|----------|-------|
| SOC02412L      | Structure and Social Inequalities    | Sociology             | 6    | Semester | 156   |
| SOC02413L      | Qualitative Analysis Laboratory      | Sociology             | 6    | Semester | 156   |
| SOC02414L      | Sociology of Communication and Media | Sociology             | 6    | Semester | 156   |
| SOC02415L      | Sociology of Development             | Sociology             | 6    | Semester | 156   |



### 2nd Year - 4th Semester

| Component code          | Name   | Scientific Area Field | ECTS | Duration | Hours |
|-------------------------|--|-----------------------|------|----------|-------|
| <b>Group of Options</b> |  |                       |      |          |       |
| Component code          | Name   | Scientific Area Field | ECTS | Duration | Hours |
| SOC02424L               | Demographic Projections                      | Sociology             | 6    | Semester | 156   |
| SOC02425L               | Sociology of Childhood                       | Sociology             | 6    | Semester | 156   |
| SOC02426L               | Sociology of Health                          | Sociology             | 6    | Semester | 156   |
| SOC02427L               | Sociology of Leisure and Tourism             | Sociology             | 6    | Semester | 156   |
| SOC02428L               | Sociology of Cultural Heritage               | Sociology             | 6    | Semester | 156   |
| SOC02429L               | Human Resources Development                  | Sociology             | 6    | Semester | 156   |
| SOC02430L               | Planning and Social Intervention             | Sociology             | 6    | Semester | 156   |
| SOC02431L               | Sociology of Innovation and Entrepreneurship | Sociology             | 6    | Semester | 156   |
| SOC02432L               | Sociology of Technology                      | Sociology             | 6    | Semester | 156   |
| SOC02433L               | Sociology of Sport                           | Sociology             | 6    | Semester | 156   |
| SOC02434L               | Sociology of Spatial Planning                | Sociology             | 6    | Semester | 156   |
| SOC02435L               | Sociology of Work                            | Sociology             | 6    | Semester | 156   |

### 3rd Year - 5th Semester

| Component code | Name                                      | Scientific Area Field | ECTS | Duration | Hours |
|----------------|---|-----------------------|------|----------|-------|
| SOC02298L      | Sociology of Peace and Conflicts          | Sociology             | 6    | Semester | 156   |
| SOC02416L      | Sociology of Organizations                | Sociology             | 6    | Semester | 156   |
| SOC02417L      | Contemporary Social Problems              | Sociology             | 6    | Semester | 156   |
| SOC02418L      | Research Laboratory - Project Preparation | Sociology             | 6    | Semester | 156   |



### 3rd Year - 5th Semester

| Component code          | Name   | Scientific Area Field | ECTS | Duration | Hours |
|-------------------------|--|-----------------------|------|----------|-------|
| <b>Group of Options</b> |  |                       |      |          |       |
| Component code          | Name   | Scientific Area Field | ECTS | Duration | Hours |
| SOC02424L               | Demographic Projections                      | Sociology             | 6    | Semester | 156   |
| SOC02425L               | Sociology of Childhood                       | Sociology             | 6    | Semester | 156   |
| SOC02426L               | Sociology of Health                          | Sociology             | 6    | Semester | 156   |
| SOC02427L               | Sociology of Leisure and Tourism             | Sociology             | 6    | Semester | 156   |
| SOC02428L               | Sociology of Cultural Heritage               | Sociology             | 6    | Semester | 156   |
| SOC02429L               | Human Resources Development                  | Sociology             | 6    | Semester | 156   |
| SOC02430L               | Planning and Social Intervention             | Sociology             | 6    | Semester | 156   |
| SOC02431L               | Sociology of Innovation and Entrepreneurship | Sociology             | 6    | Semester | 156   |
| SOC02432L               | Sociology of Technology                      | Sociology             | 6    | Semester | 156   |
| SOC02433L               | Sociology of Sport                           | Sociology             | 6    | Semester | 156   |
| SOC02434L               | Sociology of Spatial Planning                | Sociology             | 6    | Semester | 156   |
| SOC02435L               | Sociology of Work                            | Sociology             | 6    | Semester | 156   |

### 3rd Year - 6th Semester

| Component code | Name                                    | Scientific Area Field | ECTS | Duration | Hours |
|----------------|---|-----------------------|------|----------|-------|
| SOC02419L      | Economic Sociology                      | Sociology             | 6    | Semester | 156   |
| SOC02420L      | Sociology of Culture                    | Sociology             | 6    | Semester | 156   |
| SOC02421L      | Research Laboratory - Project Execution | Sociology             | 12   | Semester | 312   |



### 3rd Year - 6th Semester

| Component code          | Name   | Scientific Area Field | ECTS | Duration | Hours |
|-------------------------|--|-----------------------|------|----------|-------|
| <b>Group of Options</b> |  |                       |      |          |       |
| Component code          | Name   | Scientific Area Field | ECTS | Duration | Hours |
| SOC02424L               | Demographic Projections                      | Sociology             | 6    | Semester | 156   |
| SOC02425L               | Sociology of Childhood                       | Sociology             | 6    | Semester | 156   |
| SOC02426L               | Sociology of Health                          | Sociology             | 6    | Semester | 156   |
| SOC02427L               | Sociology of Leisure and Tourism             | Sociology             | 6    | Semester | 156   |
| SOC02428L               | Sociology of Cultural Heritage               | Sociology             | 6    | Semester | 156   |
| SOC02429L               | Human Resources Development                  | Sociology             | 6    | Semester | 156   |
| SOC02430L               | Planning and Social Intervention             | Sociology             | 6    | Semester | 156   |
| SOC02431L               | Sociology of Innovation and Entrepreneurship | Sociology             | 6    | Semester | 156   |
| SOC02432L               | Sociology of Technology                      | Sociology             | 6    | Semester | 156   |
| SOC02433L               | Sociology of Sport                           | Sociology             | 6    | Semester | 156   |
| SOC02434L               | Sociology of Spatial Planning                | Sociology             | 6    | Semester | 156   |
| SOC02435L               | Sociology of Work                            | Sociology             | 6    | Semester | 156   |

### Conditions for obtaining the Degree:

\*\*\* TRANSLATE ME: Sociologia

Para obtenção do grau de licenciado em Sociologia é necessário obter aprovação a 150 ECTS em unidades de curriculares obrigatórias e 30 ECTS (24ECTS área Sociologia e 6 ECTS outras áreas) em unidades curriculares optativas, distribuídas da seguinte forma:

1º Ano

1º Semestre:

6 UC Obrigatórias num total de 30 ECTS

2º Semestre

4 UC Obrigatórias num total de 24 ECTS

1 UC Optativa num total de 6 ECTS

2º Ano

3º Semestre

4 UC Obrigatórias num total de 24 ECTS

1 UC Optativa num total de 6 ECTS

4º Semestre

4 UC Obrigatórias num total de 24 ECTS

1 UC Optativa num total de 6 ECTS

3º Ano

5º Semestre

4 UC Obrigatórias num total de 24 ECTS

1 UC Optativa num total de 6 ECTS

6º Semestre

3 UC Obrigatórias num total de 24 ECTS

1 UC Optativa num total de 6 ECTS \*\*\*



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### General Sociology (SOC02403L)

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### Methods and Techniques of Sociological Research I (SOC02404L)

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### Statistics Applied to Social Sciences (MAT00075L)

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### Political Economy (ECN02283L)

Introduction - Fundamental Notions {\}

1 The context of Economic Analysis {\}

1 1 Economic activity in context; {\}

1 2 Instruments of economic analysis; {\}

1 3 Mechanism Market: Supply and Demand; {\}

2 Macroeconomic measurement; {\}

3 Macroeconomic Theory and Policy {\}

3.1 Aggregate Demand and economic fluctuations; {\}

3.2 Fiscal and budgetary policy; {\}

3.3 Money and Monetary Policy; {\}

3.4 Aggregate Supply, Aggregate demand and inflation: interactions.

4 Employment and unemployment;

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### Introduction to Information Technologies (INF00871L)

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### Academic Writing Skills (LLT02313L)

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### Sociological Theories I (SOC02405L)

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### Methods and Techniques of Sociological Research II (SOC02406L)

The Collection of Information: The Sampling and triggered information (the questionnaire and the interview)the triggered information; direct observation (characteristics, types, limitations and control procedures).

Validation, Processing and Synthesis of the Information: validation of the data (internal and external validation); the coding and quantitative and qualitative processing of the data; Tabulation and graphical representation of empirical data.

The Research Report: General aspects of a Research Report; analysis of concrete research reports.



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**Demography (SOC02385L)**

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**Cultural Anthropology (SOC02407L)**

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**Critical Thinking and Argumentation (FIL02321L)**

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**History Themes of the twentieth century (HIS02422L)**

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**Entrepreneurship and Innovation (GES02310L)**

Module 1 – Introduction to Entrepreneurship and Innovation

- a. Definitions and concepts of Entrepreneurship
- b. Profile and characteristics of entrepreneurs
- c. Social entrepreneurship and intrapreneurship
- d. What is innovation? Types of innovation
- d. Dynamics of innovation

Module 2 – Conception and Structuring business ideas

- a. Process and techniques of generating ideas
- b. Design Thinking tool
- c. Evaluation of business ideas
- d. The process of creating a business idea and firm
- e. Simulation games- from ideas to business formation

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**Introduction to Law (ECN02290L)**

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**Social Psychology (PSI02423L)**



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### **Sociological Theories II (SOC02408L)**

Introduction: Controversies and domains of sociology

- I. Schools and developments in the twentieth century
  - 1. Functionalism and Structural Functionalism
  - 2. Symbolic interactionism and the Chicago School
  - 3. Critical Theory (Frankfurt School)

- II. Reformulations and Synthesis Paradigms

- 1. Pierre Bourdieu and the theory of practice
  - 2. Anthony Giddens and the theory of structuration

- III. Recent trends and problems

- 1. Modernity, post modernity and social theory
  - 2. The risk society
  - 3 Identity and social reflexivity
  - 4. Global cities and networked society

- IV New (or renewed) challenges of social theory

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### **Quantitative Analysis Laboratory (SOC02409L)**

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### **Sociology of the Family (SOC02410L)**

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### **Sociology of Education (SOC02411L)**

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### **Demographic Projections (SOC02424L)**

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### **Sociology of Childhood (SOC02425L)**





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### **Sociology of Health (SOC02426L)**

- 1: Health, Illness/Disease and Society
  - 1.1. Health and illness/disease in the context of sociology
  - 1.2. Social inequalities in health and illness/disease
  - 1.3. Sociology of Health "Agenda"
- 2: Health and Illness/Disease Experiences
  - 2.1. Social representations of health and illness/disease
  - 2.2. Family, aging and self-management health care
- 3: Body, Health and Society
  - 3.1. Risks, body and medicalized society
  - 3.2. Sociology of health promotion
- 4: Organization of Health Care Delivery
  - 4.1. Health organizations and professions
  - 4.2. Sociological diagnosis and intervention in health care organizations

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### **Sociology of Leisure and Tourism (SOC02427L)**

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### **Sociology of Cultural Heritage (SOC02428L)**

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### **Human Resources Development (SOC02429L)**

1. DRH: definition, origins and disciplinary foundations
2. DRH in the individual, organizational and societal sense
3. Society (s), Culture (s) and Organizations
4. Surroundings, new organizational configurations and HRD
  - 4.1. Relationship models between organizations
  - 4.2. Primary and secondary labor markets
  - 4.3. Management and HRD policies and practices
5. Business / organizational strategies in the era of globalization
  - 5.1. Technological innovation versus organizational and social innovation
  - 5.2. Outsourcing and relocation of economic activities
  - 5.3. Competitiveness by price versus competitiveness by innovation / knowledge
6. Technology, Innovation and the future of Employment
7. Social change, social movements and collective behavior

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### **Planning and Social Intervention (SOC02430L)**



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### **Sociology of Innovation and Entrepreneurship (SOC02431L)**

Part 1 .- The entrepreneur, entrepreneurship and innovation practices

- 1.1. The evolution of the concept of entrepreneur and business function
- 1.2. The role of SMEs in the evolution of modern societies
- 1.3. The role of knowledge and science in producing innovation
- 1.4. The social innovation: from macro to micro
- 1.5. Innovation and Sustainable Development
- 1.6. Spaces and areas of innovation; Innovation networks
- 1.7. Innovation and Globalization

Part 2 .- The innovation as fundament of the business initiative

- 2.1. Concept and innovation types
- 2.2. The formation of typologies of entrepreneurs and innovation
- 2.3. The characteristics of innovative firms
- 2.4. Business cultures and innovation
- 2.5. Innovation and local cultures

Part 3.- Innovation and Entrepreneurship

- 3.1. What is meant by entrepreneurship
- 3.2. Forms and types of entrepreneurship
- 3.3. Entrepreneurship as an area of sociological research
- 3.4. Entrepreneurial culture and promotion of entrepreneurial culture

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### **Sociology of Technology (SOC02432L)**

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### **Sociology of Sport (SOC02433L)**

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### **Sociology of Spatial Planning (SOC02434L)**

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### **Structure and Social Inequalities (SOC02412L)**

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### **Sociology of Communication and Media (SOC02414L)**



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**Sociology of Development (SOC02415L)**

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**Sociology of Peace and Conflicts (SOC02298L)**

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**Sociology of Organizations (SOC02416L)**

Module 1. The organizational phenomenon and study of organizations

1.1. Definition and objectives of sociology of organizations

1.2. Renewal the organizational insight

Module 2. Reflections about concept of organization

2.1. Definitions of organization

2.2. Components of organizational structure

Module 3. Evolution of organization theories

3.1. Organizations as rational systems

3.2. Organizations as human and social systems

3.3. Contemporary approaches to organizations

Module 4. Dynamics of individuals and groups in organizations

4.1. Actors and relations of power in organizational context

4.2. Perspectives of sociological intervention in organizations

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**Contemporary Social Problems (SOC02417L)**

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**Research Laboratory - Project Preparation (SOC02418L)**

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**Economic Sociology (SOC02419L)**

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**Sociology of Culture (SOC02420L)**



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## **Research Laboratory - Project Execution (SOC02421L)**

### **1. The Observation Process**

#### **1.1. Observe what?**

#### **1.2. Observe who?: Population and sample**

#### **1.3. Observe how?: the instruments of observation – design, testing and data collection**

#### **1.4. key information gathering methods: questionnaire, interviews, direct observation and pre-existing data collection and secondary data**

#### **1.5. The fieldwork**

### **2. The ANALYSIS of the INFORMATION**

#### **2.1. Three operations: data preparation: describe and aggregate; Analysis of the relationship between variables; Comparison of the observed results with the expected results and interpretation of the differences;**

#### **2.2. The main methods of analysis of information: statistical analysis of data; Content analysis;**

### **3. The CONCLUSIONS**

#### **3.1. the broad Retrospective of the procedure**

#### **3.2. New contributions to the knowledge of the object of study**

#### **3.3. Practical considerations**

### **4. The wording of the REPORT**

#### **4.1 specific procedures for the drafting of the report**