

# Study Plan

School:School of Social SciencesDegree:MasterCourse:Psychology (cód. 507)

# Specialization Psychology of Education

#### 1st Year - 1st Semester

Specialization Psychology of Education

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Research and Data analysis in Psychology	Psychology	6	Semester	156
PSI11128M					
	Psychological Evaluation in Education and Training	Psychology	6	Semester	156
PSI11140M					
	Dynamics on Teaching-Learning Processes	Psychology	6	Semester	156
PSI11141M					
	Construction of Knowledge and Learning	Psychology	6	Semester	156
PSI11142M					



# 1st Year - 1st Semester Specialization Psychology of Education

mponent code oup of Options	Name	Scientific Area F	ield EC	FS Durati	on Ho
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Occupacional Health Psychology	Psychology	6	Semester	156
PSI11162M		, , , , , , , , , , , , , , , , , , ,			
PSI11161M	Language, Reading and Writing Psychology	Psychology	6	Semester	156
PSI11160M	Psychology of People Management	Psychology	6	Semester	156
PSI11159M	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11158M	Introduction to Coaching	Psychology	6	Semester	156
PSI11157M	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11155M	Crisis Intervention	Psychology	6	Semester	156
PSI11154M	Intelligence, Creativity and Innovation	Psychology	6	Semester	156
PSI11153M	Career Management and Counseling	Psychology	6	Semester	156
GES11167M	Project management	Management	6	Semester	156
PSI11152M	Diversity(eis) and Psychological Intervention	Psychology	6	Semester	156
PSI11151M	Group Dynamics	Psychology	6	Semester	156
PSI11150M	Knowledge and Transversal Skills	Psychology	6	Semester	156
PSI11149M	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11148M	Learning and Self-regulation	Psychology	6	Semester	156
PSI11166M	Family Therapy	Psychology	6	Semester	156
PSI11168M	Expressive Therapies	Psychology	6	Semester	156
PSI11165M	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
PSI11164M	Psychology, Education and Multiculturalism	Psychology	6	Semester	156
PSI11163M	Psychology and Community Intervention	Psychology	6	Semester	156
PSI11156M	Psychological Intervention with Elderly	Psychology	6	Semester	156
Optativas (Obriga	tórias da área de Clínica)		·		
Component cod		Scientific Area Fiel			
PSI11129M	Child and Adolescent Psychopathology	Psychology	6	Semester	156
PSI11130M	Dynamic Psychotherapy with Adults	Psychology	6	Semester	156
PSI11131M	Behavioural and Cognitive Psychotherapies with Children and Adolescents		6	Semester	156
PSI11133M	Dynamic Psychotherapy with Children and Adoles- cents	Psychology	6	Semester	156
PSI11134M	Behavioural and Cognitive Psychotherapies with Adults	Psychology	6	Semester	156
PSI11135M	Psychological Assessment in Clinical Contexts	Psychology	6	Semester	156
PSI11135M	Page 2 of 19			Last update	 18/04



# 1st Year - 1st Semester Specialization Psychology of Education

Component code	Name	Scientific Area Field	ECTS	Duration	Hours

# 1st Year - 2nd Semester

Specialization	Psyc	chology	of	Education

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Quantitative Data Analysis in Psychology	Psychology	3	Semester	78
PSI11137M					
	Qualitative Data Analysis in Psychology	Psychology	3	Semester	78
PSI11136M					
	Development and Psychological Counselling in Educational	Psychology	6	Semester	156
PSI11146M	Contexts				
	Psychological Intervention in Educational Contexts	Psychology	6	Semester	156
PSI11145M					
	Special Needs of Education	Psychology	6	Semester	156
PSI11144M					
	Vocational Psychology	Psychology	6	Semester	156
PSI11143M					

#### 2nd Year - 3rd Semester

# Specialization Psychology of Education

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Internship in Educational Psychology	Psychology	24	Year	624
PSI11147M					



# 2nd Year - 3rd Semester Specialization Psychology of Education

omponent code oup of Options	Name	Scientific Area F	ield EC	TS Durat	ion Ho
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
component coue	Psychology and Community Intervention	Psychology	6	Semester	156
PSI11163M		, .,			
	Psychology, Education and Multiculturalism	Psychology	6	Semester	156
PSI11164M		<u> </u>		-	1-0
	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
PSI11165M	Expressive Therapies	Psychology	6	Semester	156
PSI11168M	Expressive Therapies	Psychology	0	Semester	150
SHIIOOM	Family Therapy	Psychology	6	Semester	156
PSI11166M		,	•	0.000000	100
	Learning and Self-regulation	Psychology	6	Semester	156
PSI11148M					
	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11149M					
PSI11150M	Knowledge and Transversal Skills	Psychology	6	Semester	156
5111130101	Group Dynamics	Psychology	6	Semester	156
PSI11151M	croup bynamics	. sychology	<b>v</b>	JUNESLEI	100
	Diversity(eis) and Psychological Intervention	Psychology	6	Semester	156
PSI11152M					
	Project management	Management	6	Semester	156
GES11167M				_	
	Career Management and Counseling	Psychology	6	Semester	156
PSI11153M	Intelligence, Creativity and Innovation	Davahalami	6	Semester	156
PSI11154M	Intelligence, Creativity and Innovation	Psychology	0	Semester	150
1 5111154101	Crisis Intervention	Psychology	6	Semester	156
PSI11155M		,	•	0.000000	100
	Psychological Intervention with Elderly	Psychology	6	Semester	156
PSI11156M					
	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11157M			-		150
PSI11158M	Introduction to Coaching	Psychology	6	Semester	156
P 5111150IVI	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11159M	Chinical Neuropsychology	r sychology	0	Jemester	130
	Psychology of People Management	Psychology	6	Semester	156
PSI11160M		, 0,			
	Language, Reading and Writing Psychology	Psychology	6	Semester	156
PSI11161M					
PSI11162M	Occupacional Health Psychology	Psychology	6	Semester	156
	tórias da área de Clínica)				
Component cod		Scientific Area Fiel	d ECTS	5 Duratio	n Hours
period cou	Child and Adolescent Psychopathology	Psychology	6	Semeste	
PSI11129M					
	Dynamic Psychotherapy with Adults	Psychology	6	Semeste	r 156
PSI11130M					
DCI11121M	Behavioural and Cognitive Psychotherapies with	Psychology	6	Semeste	r 156
PSI11131M	Children and Adolescents Dynamic Psychotherapy with Children and Adoles-	Psychology	6	Compate	r 156
PSI11133M	cents	rsychology	0	Semeste	1 120
1 0111100101	Behavioural and Cognitive Psychotherapies with	Psychology	6	Semeste	r 156
PSI11134M	Adults	,	Ĩ	2 5	
	Psychological Assessment in Clinical Contexts	Psychology	6	Semeste	r 156
PSI11135M					
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#### 2nd Year - 3rd Semester Specialization Psychology of Education Component code

Component code	Name	Scientific Area Field	ECTS	Duration	Hours

2nd Year - 4th Ser	nester								
Specialization Psychology of Education									
Component code	Name	Scientific Area Field	ECTS	Duration	Hours				
Dissertation			-						

# Specialization Clinical Psychology

# 1st Year - 1st Semester

# Specialization Clinical Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Research and Data analysis in Psychology	Psychology	6	Semester	156
PSI11128M					
	Child and Adolescent Psychopathology	Psychology	6	Semester	156
PSI11129M					
	Dynamic Psychotherapy with Adults	Psychology	6	Semester	156
PSI11130M					
	Behavioural and Cognitive Psychotherapies with Children	Psychology	6	Semester	156
PSI11131M	and Adolescents				



# 1st Year - 1st Semester Specialization Clinical Psychology

mponent code oup of Options	Name	Scientific Area F	ield EC	TS Duratio	on Ho
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
•	Psychological Intervention with Elderly	Psychology	6	Semester	156
PSI11156M	Psychology and Community Intervention	Psychology	6	Semester	156
PSI11163M	Psychology, Education and Multiculturalism	Psychology	6	Semester	156
PSI11164M	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
PSI11168M	Expressive Therapies	Psychology	6	Semester	156
PSI11166M	Family Therapy	Psychology	6	Semester	156
PSI11148M	Learning and Self-regulation	Psychology	6	Semester	156
PSI11149M	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11150M	Knowledge and Transversal Skills	Psychology	6	Semester	156
PSI11151M	Group Dynamics	Psychology	6	Semester	156
PSI11152M	Diversity(eis) and Psychological Intervention	Psychology	6	Semester	156
GES11167M	Project management	Management	6	Semester	156
PSI11153M	Career Management and Counseling	Psychology	6	Semester	156
PSI11154M	Intelligence, Creativity and Innovation	Psychology	6	Semester	156
PSI11155M	Crisis Intervention	Psychology	6	Semester	156
PSI11157M	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11158M	Introduction to Coaching	Psychology	6	Semester	156
PSI11159M	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11160M	Psychology of People Management	Psychology	6	Semester	156
PSI11161M	Language, Reading and Writing Psychology	Psychology	6	Semester	156
PSI11162M	Occupacional Health Psychology	Psychology	6	Semester	156
	órias da área de Educação - 1º Sem)				
Component code		Scientific Area Fiel			Hours
PSI11140M	Psychological Evaluation in Education and Training	g Psychology	6	Semester	156
PSI11141M	Dynamics on Teaching-Learning Processes	Psychology	6	Semester	156
PSI11142M	Construction of Knowledge and Learning	Psychology	6	Semester	156
PSI11143M	Vocational Psychology	Psychology	6	Semester	156
PSI11144M	Special Needs of Education	Psychology	6	Semester	156
PSI11145M	Psychological Intervention in Educational Contexts		6	Semester	156
PSI11146M	Development and Psychological Colinesting of Edu- cational Contexts	- Psychology	6	Lastempester	18/1046/202



# 1st Year - 1st Semester Specialization Clinical Psychology

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Component code	Name	Scientific Area Field	ECTS	Duration	Hours

# 1st Year - 2nd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Psychological Consultation	Psychology	6	Semester	156
PSI11132M					
	Dynamic Psychotherapy with Children and Adolescents	Psychology	6	Semester	156
PSI11133M					
	Behavioural and Cognitive Psychotherapies with Adults	Psychology	6	Semester	156
PSI11134M					
	Psychological Assessment in Clinical Contexts	Psychology	6	Semester	156
PSI11135M					
	Qualitative Data Analysis in Psychology	Psychology	3	Semester	78
PSI11136M					
	Quantitative Data Analysis in Psychology	Psychology	3	Semester	78
PSI11137M					

# 2nd Year - 3rd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Intership in Clinical Psychology	Psychology	24	Year	624
PSI11138M					



# 2nd Year - 3rd Semester Specialization Clinical Psychology

omponent code	Name	Scientific Area F	ield EC	rs Durati	on Ho
oup of Options	News		БСТС	Durtha	
Component code	Name Occupacional Health Psychology	Scientific Area Field Psychology	6	Duration Semester	Hours 156
PSI11162M	occupacional meanin'i sychology	r sychology	0	Jemester	150
	Language, Reading and Writing Psychology	Psychology	6	Semester	156
PSI11161M				-	
	Psychology of People Management	Psychology	6	Semester	156
PSI11160M	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11159M	ennieur Neuropsychology	r sychology	Ū	Semester	100
	Introduction to Coaching	Psychology	6	Semester	156
PSI11158M					
	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11157M	Psychological Intervention with Elderly	Psychology	6	Semester	156
PSI11156M	r sychological intervention with Elderly	r sychology	0	Jemester	150
	Crisis Intervention	Psychology	6	Semester	156
PSI11155M					
	Intelligence, Creativity and Innovation	Psychology	6	Semester	156
PSI11154M	Career Management and Counseling	Psychology	6	Semester	156
PSI11153M	Carcer Management and Counseing	r sychology	0	Jemester	150
	Project management	Management	6	Semester	156
GES11167M					
DOMASTON	Diversity(eis) and Psychological Intervention	Psychology	6	Semester	156
PSI11152M	Group Dynamics	Psychology	6	Semester	156
PSI11151M	Group Dynamics	Psychology	0	Semester	150
	Knowledge and Transversal Skills	Psychology	6	Semester	156
PSI11150M					
	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11149M	Learning and Self-regulation	Psychology	6	Semester	156
PSI11148M	Learning and Sen-regulation	rsychology	0	Semester	150
	Family Therapy	Psychology	6	Semester	156
PSI11166M					
	Expressive Therapies	Psychology	6	Semester	156
PSI11168M	Theory and Duration of the Develophent test		6	Consector	156
PSI11165M	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
1 5111105101	Psychology, Education and Multiculturalism	Psychology	6	Semester	156
PSI11164M					
	Psychology and Community Intervention	Psychology	6	Semester	156
PSI11163M					
Component cod	tórias da área de Educação - 1º Sem) e Name	Scientific Area Fiel	d   ECTS	Duration	Hours
	Psychological Evaluation in Education and Training		6	Semester	156
PSI11140M					
	Dynamics on Teaching-Learning Processes	Psychology	6	Semester	156
PSI11141M					150
PSI11142M	Construction of Knowledge and Learning	Psychology	6	Semester	156
1 3111142101	Vocational Psychology	Psychology	6	Semester	156
PSI11143M		, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	, °		
	Special Needs of Education	Psychology	6	Semester	156
PSI11144M					
PSI11145M	Psychological Intervention in Educational Contexts	Psychology	6	Semester	156
1 511145101	Development and Psychological Collingening of Edu	- Psychology	6	Lastenpedate	18/10445/202



# 2nd Year - 3rd Semester Specialization Clinical Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours

Component code   Name	Scientific Area Field	ECTS	Duration	Hours
Dissertation				
uditions for obtaining the	Dermon			
onditions for obtaining the	-			
* TRANSLATE ME: ESPECIALIZAÇÃO EM PSICOLO	OGIA DA EDUCAÇAO:{\}newline			
newline				
a aprovação na componente curricular nesta área de o	especialização é necessário a aprovação (	através de avalia	ão ou creditação) das seguintes unida	ides curriculares: { \ } newline
newline				
Semestre: $\{ \ \}$ newline				
C Obrigatórias num total de 24 Ects $\{ \setminus \}$ newline				
do Grupo de Optativas do quadro 9 <sup>0</sup> ou uma UC obrig	atória da outra área de especialização nι	um total de 6 EC	TS{\}newline	
newline				
Semestre: { \ } newline				
C Obrigatórias num total de 30 Ects $\{ \ \}$ newline				
newline				
newline				
4 <sup>o</sup> Semestre { \ } newline				
C Obrigatória (Estágio em Psicologia da Educação) nu	m total de 24 Ects			
do Grupo de Optativas do Quadro 9º ou uma UC ob	igatória da outra área de especialização	num total de 6 E	CTS (no $3^{\circ}$ semestre){\}newline	
newline				
obtenção do grau, é necessário também a aprovação	em Dissertação no total de 30 ECTS, no	3.º e 4.º Semes	tre. $\{ \setminus \}$ newline	
newline				
ECIALIZAÇÃO EM PSICOLOGIA CLÍNICA: {\}newli	ne			
newline				
a aprovação na componente curricular nesta área de e	especialização é necessário a aprovação (	através de avalia	ão ou creditação) das seguintes unida	des curriculares:
newline				
Semestre: { \ } newline				
C Obrigatórias num total de 24 Ects $\{ \setminus \}$ newline				
do Grupo de Optativas do Quadro 9 <sup>0</sup> ou uma UC obri	gatória da outra área de especialização n	um total de 6 EC	$TS\{ \}$ newline	
newline				
eemestre: { \ } newline				
C Obrigatórias num total de 30 Ects $\{ \setminus \}$ newline				
newline				
newline				
$4^{o}$ Semestre { \ } newline				
C Obrigatória (Estágio em Psicologia da Educação) nu	m total de 24 Ects			
do Grupo de Optativas do Quadro $9^{\circ}$ ou uma UC ob	igatória da outra área de especialização	num total de 6 E	CTS (no $3^{\circ}$ semestre){\}newline	
newline				

# **Program Contents**

#### Back

# Research and Data analysis in Psychology (PSI11128M)



# Back Psychological Evaluation in Education and Training (PSI11140M)

#### Back

#### Dynamics on Teaching-Learning Processes (PSI11141M)

- 1. Structure and organization of the school
- 2. Education
- 2.1. Psychology in teacher education
- 2.2. The professional development of teachers
- 2.3. Prospects of psychological intervention in the teaching
- 3. Dynamics of teaching and learning:
- 3.1. Relational dynamics in the teaching-learning
- 3.4. Classroom Management
- 3.3. Prospects of psychological intervention in the dynamics of teaching and learning.

# Back

# Construction of Knowledge and Learning (PSI11142M)

#### Back

# Occupacional Health Psychology (PSI11162M)

#### Back

# Language, Reading and Writing Psychology (PSI11161M)

- I Introduction to the study of language
- Language
- Chomsky's revolution
- Approaches, methods and techniques
- Themes and controversies
- Biological foundations
- II Language development
- Language acquisition and development
- The driving forces of language development
- Phonological development
- Semantic development
- Early syntactic development
- III Speech
- Speech
- Speech perception
- Recognizing words
- Speech production
- Understanding speech
- IV Written language
- Reading and writing
- Systems of writing and orthography
- Reading: The processes of normal reading
- Specific reading and writing disorders



# Psychology of People Management (PSI11160M)

- 1. People attraction systems
- 1.1. People and Organizations
- 1.3. Needs analysis, Recruitment, Selection and psychological assessment
- $1.4.\ Hiring,\ integrating\ and\ socializing\ people\ in\ organizations$
- 2. People development and maintenance systems
- 2.1. Structured actions of intentional development
- 2.2. Strategic work analysis
- 2.3. Performance management
- 2.4. Compensation systems
- 3. Disconnecting people from organizations
- 3.1 Firing people
- 3.2 Retirement
- 3.3.Succession planning and intergenerational cooperation

#### Back

#### Clinical Neuropsychology (PSI11159M)

- 1. The clinical history of people with brain injury or dysfunction
- 2. The evaluation and diagnosis of cognitive deficits
- 1. Attention and executive function disorders ,
- 2. Visual agnosia, prosopanosia and hemispatial neglect
- 3. Amnesic syndromes
- 4. Aphasia and Dyslexia
- 5. Apraxia
- 3. The evaluation and diagnosis of dementia
- 4. Screening instruments and neuropsychological assessment tests
- 5. Structure of a neuropsychological assessment batter

#### Back

#### Introduction to Coaching (PSI11158M)

Concepts of coaching and other intentional developmental practices Types of coaching Theoretical perspectives of coaching Models and approaches in coaching Coaching processes: its structure and functioning Training of coaching professionals Psychological coaching The qualification and legitimation of coaching Competences relevant to the practice of coaching Ethics in coaching practice



# Psychological Intervention in Health Contexts (PSI11157M)

- 1. Introduction:
- 1.1 Clinical Health Psychology and Social and Community Health Psychology
- 1.2 Clinical practice in a health context: framework

2. General context:

2.1 The World Health Organization

2.1 The Portuguese National Healthcare System: Basic Healthcare, Secondary Healthcare Tertiary Healthcare and how they are integrated.

3. Specific contexts of intervention:

- 3.1 Psycho-Cardiology
- 3.2 Psycho-Oncology
- 3.3 Chirurgic
- 3.4 Emergency
- 3.5 Chronic pain
- 3.6 Psychiatry
- 3.7 Continued healthcare
- 3.7 Palliative healthcare

4. The role of psychologists in Health Promotion Programs

5. The role of psychologists in Disease Prevention Programs

6. Challenges and possibilities

 $6.1\ {\rm Multi}$  and transdisciplinary work, team work and training

6.2 Health project design and it 's implementation in the communities (Governmental Agencies and non-governmental organizations (NGOs)

6.3 Intervention evaluation

6.4 Ethical questioning regarding the economic and social determinants of health and psychological intervention.

# Back

# Crisis Intervention (PSI11155M)

1. Crisis Intervention Theory and Applications

2. Crisis Intervention Models

- 2.1 Roberts' Seven-Stage Crisis Intervention Model
- 2.2 Mitchell's Critical Incident Stress Management Intervention System
- 3. Basic Crisis Intervention Skills
- 3.1 Stress, Trauma and Resilience
- 3.2 Personal and Context Resources (family, community)
- 4. Crisis Cases: Handling specific cases
- 4.1 Psychological Crises (suicide, panic disorder, crisis-prone patients)
- 4.2 Child and family crisis (aggression, sexual abuse)
- 4.4 Disaster and catastrophe crisis (environmental)



# Intelligence, Creativity and Innovation (PSI11154M)

I. Introduction

- II. Intelligence internal phenomenon vs. intellective act
- 1. Psychometric approach to intelligence general vs. specific aptitude
- 2. Developmental approach to intelligence general vs. specific structure
- 3. Intelligence as an act of information processing
- 4. Assessment of intelligence from the individual phenomenon to the intelligent act
- III. Intelligence and knowledge
- 1. Knowledge, intelligence and context a triarchic view
- 2. Knowledge, intelligence and competence a dynamic perspective
- 3. Social knowledge and emotional knowledge intelligence?
- 4. Challenges to intelligence assessment
- 4.1. Evaluation of intelligence based on the content
- 4.2. The evaluation of intelligence based on the cognitive process
- 4.3. Content and process -based assessment the case of the Cognitive Test of Social Intelligence

#### IV. Creativity

- 1. Creativity individual phenomenon vs. systemic phenomenon
- 2. Creativity a personal decision that drives change
- 3. Creativity a confluence of personal, field and domain factors
- 4. Challenges to the evaluation of creativity based on integrative contributions

#### Back

# Career Management and Counseling (PSI11153M)

# Back

# Project management (GES11167M)

Module 1 - Project Management Framework Basic concepts Project Management Processes Project life cycle Module 2 - Team Organization and Management Project The Project Manager Organizational Structure Organization of the project team Leadership in project management

Module 3 - Project Planning and Programming Project objectives Planning and the Work Breakdown Structure Planning using PERT Resource allocation, budget and project costs Project viability Module 4 - Monitoring, risk and project control Earned Value Management (EVM) Quality throughout the project Project Management and Risk



# Diversity(eis) and Psychological Intervention (PSI11152M)

1. Introduction

Human diversity(ies) and psychological intervention: perspectives and problematizations.

2. Key concepts in the study of human diversity: culture, "race" / ethnicity, gender, sexual orientation, disability, socioeconomic status, age, ...

3. Prejudice and discrimination in different contexts: racism, sexism, heterosexism, ageism, ableism, ...

- 4. Perspectives of Psychology on human diversity(ies).
- 5. Psychological interventions to reduce prejudice and discrimination in different contexts

# Back

Group Dynamics (PSI11151M)

#### Back

# Knowledge and Transversal Skills (PSI11150M)

- 1. Society of Knowledge and learning
- 2. Sotr Skills enneept in psvcholoey
- 3. Soft skills in educational settings
- 4. Softl skills and career

#### Back

#### Conflicts and Aggressive Practices in School Context (PSI11149M)

- 1. General framework
- 2. School violence and aggressive behaviors: concepts and conceptual models
- 3. The phenomenon of School Bullying: an ecological analysis
- 4. School violence, aggressive behaviors and bullying: risk and protective factors
- 5. School climate, peer relations and prevention of school violence, aggressive practices and bullying
- 6. Intervention programs to prevent and reduce school violence and bullying

# Back

# Learning and Self-regulation (PSI11148M)

1. Self-Regulated Learning Major models: convergences and specificities Phases, processes and dimensions Self-regulation, co-regulation and socially shared regulation Development of self-regulatory processes

Psychological interventions to develop learning self-regulation
 At different developmental, educational and population levels
 In different dimensions (cognitive, metacognitive, motivational, emotional and behavioral)
 In specific domains (e.g., reading, writing, and problema solving)

3.Supports for self-regulation Social Influence Methods and methodologies of teaching and assessment Activities, strategies and instruments



# Family Therapy (PSI11166M)

- 1. Systemic Paradigm
- 1.1. Epistemological bases: General Theory of Systems and cybernetics.
- 1.2. Perturbed Human Systems and Mental Health
- 2. Systemic diagnosis
- 3. Diagnostic support procedures
- 4. Indications and Contraindications of Systemic Family Therapy
- 5. Family Therapy Models
- 6. Systemic psychotherapy
- 7. Planning, monitoring and evaluation of the therapeutic process

#### Back

# Expressive Therapies (PSI11168M)

- 1-Theoretical Foundations of Expressive Therapies
- 2- Expression and Communication in Therapeutic Relationship
- 3- Principles and Practice
- 3.1. Role of ET
- 3.2. Theoretical Models
- 3.3. Application Models
- 3.4. Settings of Intervention
- 3.5. Evaluation and Research Models
- 4 Steps in Therapeutic Process
- 5 Modalities
- 5.1. Music Therapy
- 5.2. Dance/Movement Therapy
- 5.3. Drama Therapy
- 5.4. Art Therapy
- 5.5. Intermodal Expressive Arts Therapy
- 6 Workshops



# Theory and Practice of the Rorschach test (PSI11165M)

- The Rorschach Method according to the John E. Exner Integrative System
- 1- Some introductory and historical aspects
- 2- A reference to the Rorschach Performance Assessment System (R-PAS)
- 3- Standardized adminstration procedures
- 4- The scoring
- 4.1- Location and development quality
- 4.2- The determinants
- 4.3- Formal quality
- 4.4- Popular Contents
- 4.5- The organizational activity
- 4.6- Special scores: critical and non-critical
- 4.7- Scoring of a protocol
- 5- Obtaining the Structural Summary
- 6- The process of interpretation
- 6.1- Some general guidelines
- 6.2- The interpretive clusters
- 6.2.1- Information Processing
- 6.2.2- Mediation
- 6.2.3- Ideation
- 6.2.4- Affect
- 6.2.5- Self Perception
- 6.2.6- Interpersonal Relationships
- 6-2.7- Control and Stress Tolerance
- 6.3- Interpretation of a protocol

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# Psychology, Education and Multiculturalism (PSI11164M)

- 1. Ethnic diversity in Portugal
- 2. Education in multicultural contexts
- 3. Intervention strategies in multicultural contexts

#### Back

# Psychology and Community Intervention (PSI11163M)

- 1. Historical and theoretical framework for Community intervention
- 2. Psychologist and social and community intervention
- 3. Contexts of diversity / diversity of contexts
- 4. Programs focused on specific groups and universal programs
- 5. Methods and techniques to identify needs and intervene
- 4. 6. Design, implementation and evaluation of intervention plans in different contexts, scenarios and populations
- 7. Research and Ethics in community intervention

# Back

# Psychological Intervention with Elderly (PSI11156M)

- 1. The elderly: demographic indicators and typical problematic.
- 2. Levels, types, targets and domains of intervention.
- 3. Programs of psychological intervention with the elderly and its' evaluation.
- 4. Interplay between ethical and technical features in psychological intervention with the elderly.



Child and Adolescent Psychopathology (PSI11129M)

Back

Dynamic Psychotherapy with Adults (PSI11130M)

# Back

# Behavioural and Cognitive Psychotherapies with Children and Adolescents (PSI11131M)

# Back

#### Dynamic Psychotherapy with Children and Adolescents (PSI11133M)

- 1. Basic Principles of Psychoanalytic Psychotherapy for Children
- 2. The models of attendance in psychotherapy of children
- 3. Work with the parents
- 3.1. Attendance
- 3.2. Interview with parents and medical history
- 3.3. Working with parents
- 4. Therapeutic setting in Child Psychotherapy
- 4.1. Relationship between space and therapeutic relationship
- 4.2. Characteristics of the space
- 4.3. Materials used in therapeutic work with children
- 5. Assessment and Diagnosis in Child Psychotherapy
- 5.1. Clinical interview with the child
- 5.2. Use of tests and instruments
- 6. The initial phases of the therapeutic process and the establishment of the therapeutic relationship
- 6.1. Goals of therapy
- 6.2. Therapeutic contract
- 6.3. Therapeutic relathionship
- 7. Therapist Variables
- 7.1. Transference and countertransference in the therapist's work
- 8. Psychotherapeutic work in different Psychopathologies

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Behavioural and Cognitive Psychotherapies with Adults (PSI11134M)

#### Back

Psychological Assessment in Clinical Contexts (PSI11135M)

#### Back

Quantitative Data Analysis in Psychology (PSI11137M)



# Back Qualitative Data Analysis in Psychology (PSI11136M)

#### Back

# Development and Psychological Counselling in Educational Contexts (PSI11146M)

1. Framework

- 1.1. Psychological intervention in educational contexts: theoretical models and professional practices
- 1.2. Ethical issues in psychological intervention in educational settings
- 2. Human Development in Context
- 2.1 Human development in context: conceptual framework
- 2.2. Constructivist and socio-constructivist models
- 2.3. Ecological and bioecological model of human development.
- 3. Psychological and psycho-educational counseling
- 3.1. Models of psychological counseling
- 3.2. Psychological counseling in educational contexts
- 3.3. Ecology of psychological and psycho-educational counseling
- ? Relationship with the school, family, and community
- 3.4. Psychological counseling and psychological reports
- 4. Psychological counseling and promotion of development
- $4.1\ {\rm The}\ {\rm developmental-ecological}\ {\rm model}\ {\rm of}\ {\rm psychological}\ {\rm intervention}$
- 4.2. Perspective for a psychological intervention in context for the prevention and resolution of problems

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# Psychological Intervention in Educational Contexts (PSI11145M)

# Back

# Special Needs of Education (PSI11144M)

- 1 Introduction to Special Educational Needs (S.E.N.)
- 2 Models and Practices in S.E.N.
- 3 Person with S.E.N.
- 4 Contexts and Methods of Interventions
- 5 Strategies for Intervention in S.E.N.

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# Vocational Psychology (PSI11143M)



# Internship in Educational Psychology (PSI11147M)

Considering the intervention areas of the educational psychologist, the practicum in Educational Psychology will address three major areas of intervention:

1. Individual intervention (namely, development of support activities, psychological counseling and psycho-educational support).

2. Group Intervention (development activities with small groups of actors in the context - students, teachers).

3. Intervention in the wider educational context - institutions, families, community (development activities that promote the development of the system of community relationships).

The stages include, among others, the following activities:

- A. Psychological assessment and case conceptualization.
- B. Monitoring and follow up of individual cases.
- C. Psychological counseling and psycho-educational support.
- D. Vocational counseling.
- E. Intervention activities in small groups.
- F. Collaboration in training actions in the context of the actors and / or conducting experiments and projects.

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#### Psychological Consultation (PSI11132M)

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Intership in Clinical Psychology (PSI11138M) Not applicable