



Study Plan

School: School of Social Sciences

Degree: Master

Course: Psychology (cód. 507)

Specialization Psychology of Education

1st Year - 1st Semester

Specialization Psychology of Education

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11128M	Research and Data analysis in Psychology	Psychology	6	Semester	156
PSI11140M	Psychological Evaluation in Education and Training	Psychology	6	Semester	156
PSI11141M	Dynamics on Teaching-Learning Processes	Psychology	6	Semester	156
PSI11142M	Construction of Knowledge and Learning	Psychology	6	Semester	156



1st Year - 1st Semester
Specialization Psychology of Education

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Group of Options					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11162M	Occupational Health Psychology	Psychology	6	Semester	156
PSI11161M	Language, Reading and Writing Psychology	Psychology	6	Semester	156
PSI11160M	Psychology of People Management	Psychology	6	Semester	156
PSI11159M	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11158M	Introduction to Coaching	Psychology	6	Semester	156
PSI11157M	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11155M	Crisis Intervention	Psychology	6	Semester	156
PSI11154M	Intelligence, Creativity and Innovation	Psychology	6	Semester	156
PSI11153M	Career Management and Counseling	Psychology	6	Semester	156
GES11167M	Project management	Management	6	Semester	156
PSI11152M	Diversity(eis) and Psychological Intervention	Psychology	6	Semester	156
PSI11151M	Group Dynamics	Psychology	6	Semester	156
PSI11150M	Knowledge and Transversal Skills	Psychology	6	Semester	156
PSI11149M	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11148M	Learning and Self-regulation	Psychology	6	Semester	156
PSI11166M	Family Therapy	Psychology	6	Semester	156
PSI11168M	Expressive Therapies	Psychology	6	Semester	156
PSI11165M	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
PSI11164M	Psychology, Education and Multiculturalism	Psychology	6	Semester	156
PSI11163M	Psychology and Community Intervention	Psychology	6	Semester	156
PSI11156M	Psychological Intervention with Elderly	Psychology	6	Semester	156
Optativas (Obrigatórias da área de Clínica)					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11129M	Child and Adolescent Psychopathology	Psychology	6	Semester	156
PSI11130M	Dynamic Psychotherapy with Adults	Psychology	6	Semester	156
PSI11131M	Behavioural and Cognitive Psychotherapies with Children and Adolescents	Psychology	6	Semester	156
PSI11133M	Dynamic Psychotherapy with Children and Adolescents	Psychology	6	Semester	156
PSI11134M	Behavioural and Cognitive Psychotherapies with Adults	Psychology	6	Semester	156
PSI11135M	Psychological Assessment in Clinical Contexts	Psychology	6	Semester	156



1st Year - 1st Semester
Specialization Psychology of Education

Component code	Name	Scientific Area Field	ECTS	Duration	Hours

1st Year - 2nd Semester
Specialization Psychology of Education

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11137M	Quantitative Data Analysis in Psychology	Psychology	3	Semester	78
PSI11136M	Qualitative Data Analysis in Psychology	Psychology	3	Semester	78
PSI11146M	Development and Psychological Counselling in Educational Contexts	Psychology	6	Semester	156
PSI11145M	Psychological Intervention in Educational Contexts	Psychology	6	Semester	156
PSI11144M	Special Needs of Education	Psychology	6	Semester	156
PSI11143M	Vocational Psychology	Psychology	6	Semester	156

2nd Year - 3rd Semester
Specialization Psychology of Education

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11147M	Internship in Educational Psychology	Psychology	24	Year	624



2nd Year - 3rd Semester
Specialization Psychology of Education

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Group of Options					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11163M	Psychology and Community Intervention	Psychology	6	Semester	156
PSI11164M	Psychology, Education and Multiculturalism	Psychology	6	Semester	156
PSI11165M	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
PSI11168M	Expressive Therapies	Psychology	6	Semester	156
PSI11166M	Family Therapy	Psychology	6	Semester	156
PSI11148M	Learning and Self-regulation	Psychology	6	Semester	156
PSI11149M	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11150M	Knowledge and Transversal Skills	Psychology	6	Semester	156
PSI11151M	Group Dynamics	Psychology	6	Semester	156
PSI11152M	Diversity(eis) and Psychological Intervention	Psychology	6	Semester	156
GES11167M	Project management	Management	6	Semester	156
PSI11153M	Career Management and Counseling	Psychology	6	Semester	156
PSI11154M	Intelligence, Creativity and Innovation	Psychology	6	Semester	156
PSI11155M	Crisis Intervention	Psychology	6	Semester	156
PSI11156M	Psychological Intervention with Elderly	Psychology	6	Semester	156
PSI11157M	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11158M	Introduction to Coaching	Psychology	6	Semester	156
PSI11159M	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11160M	Psychology of People Management	Psychology	6	Semester	156
PSI11161M	Language, Reading and Writing Psychology	Psychology	6	Semester	156
PSI11162M	Occupational Health Psychology	Psychology	6	Semester	156
Optativas (Obrigatórias da área de Clínica)					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11129M	Child and Adolescent Psychopathology	Psychology	6	Semester	156
PSI11130M	Dynamic Psychotherapy with Adults	Psychology	6	Semester	156
PSI11131M	Behavioural and Cognitive Psychotherapies with Children and Adolescents	Psychology	6	Semester	156
PSI11133M	Dynamic Psychotherapy with Children and Adolescents	Psychology	6	Semester	156
PSI11134M	Behavioural and Cognitive Psychotherapies with Adults	Psychology	6	Semester	156
PSI11135M	Psychological Assessment in Clinical Contexts	Psychology	6	Semester	156



2nd Year - 3rd Semester
Specialization Psychology of Education

Component code	Name	Scientific Area Field	ECTS	Duration	Hours

2nd Year - 4th Semester
Specialization Psychology of Education

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Dissertation				

Specialization Clinical Psychology

1st Year - 1st Semester
Specialization Clinical Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11128M	Research and Data analysis in Psychology	Psychology	6	Semester	156
PSI11129M	Child and Adolescent Psychopathology	Psychology	6	Semester	156
PSI11130M	Dynamic Psychotherapy with Adults	Psychology	6	Semester	156
PSI11131M	Behavioural and Cognitive Psychotherapies with Children and Adolescents	Psychology	6	Semester	156



1st Year - 1st Semester
Specialization Clinical Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Group of Options					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11156M	Psychological Intervention with Elderly	Psychology	6	Semester	156
PSI11163M	Psychology and Community Intervention	Psychology	6	Semester	156
PSI11164M	Psychology, Education and Multiculturalism	Psychology	6	Semester	156
PSI11165M	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
PSI11168M	Expressive Therapies	Psychology	6	Semester	156
PSI11166M	Family Therapy	Psychology	6	Semester	156
PSI11148M	Learning and Self-regulation	Psychology	6	Semester	156
PSI11149M	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11150M	Knowledge and Transversal Skills	Psychology	6	Semester	156
PSI11151M	Group Dynamics	Psychology	6	Semester	156
PSI11152M	Diversity(eis) and Psychological Intervention	Psychology	6	Semester	156
GES11167M	Project management	Management	6	Semester	156
PSI11153M	Career Management and Counseling	Psychology	6	Semester	156
PSI11154M	Intelligence, Creativity and Innovation	Psychology	6	Semester	156
PSI11155M	Crisis Intervention	Psychology	6	Semester	156
PSI11157M	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11158M	Introduction to Coaching	Psychology	6	Semester	156
PSI11159M	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11160M	Psychology of People Management	Psychology	6	Semester	156
PSI11161M	Language, Reading and Writing Psychology	Psychology	6	Semester	156
PSI11162M	Occupational Health Psychology	Psychology	6	Semester	156
Optativas (Obrigatórias da área de Educação - 1º Sem)					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11140M	Psychological Evaluation in Education and Training	Psychology	6	Semester	156
PSI11141M	Dynamics on Teaching-Learning Processes	Psychology	6	Semester	156
PSI11142M	Construction of Knowledge and Learning	Psychology	6	Semester	156
PSI11143M	Vocational Psychology	Psychology	6	Semester	156
PSI11144M	Special Needs of Education	Psychology	6	Semester	156
PSI11145M	Psychological Intervention in Educational Contexts	Psychology	6	Semester	156
PSI11146M	Development and Psychological Counseling in Educational Contexts	Psychology	6	Semester	156



1st Year - 1st Semester
Specialization Clinical Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours

1st Year - 2nd Semester
Specialization Clinical Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11132M	Psychological Consultation	Psychology	6	Semester	156
PSI11133M	Dynamic Psychotherapy with Children and Adolescents	Psychology	6	Semester	156
PSI11134M	Behavioural and Cognitive Psychotherapies with Adults	Psychology	6	Semester	156
PSI11135M	Psychological Assessment in Clinical Contexts	Psychology	6	Semester	156
PSI11136M	Qualitative Data Analysis in Psychology	Psychology	3	Semester	78
PSI11137M	Quantitative Data Analysis in Psychology	Psychology	3	Semester	78

2nd Year - 3rd Semester
Specialization Clinical Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11138M	Internship in Clinical Psychology	Psychology	24	Year	624



2nd Year - 3rd Semester
Specialization Clinical Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Group of Options					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11162M	Occupational Health Psychology	Psychology	6	Semester	156
PSI11161M	Language, Reading and Writing Psychology	Psychology	6	Semester	156
PSI11160M	Psychology of People Management	Psychology	6	Semester	156
PSI11159M	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11158M	Introduction to Coaching	Psychology	6	Semester	156
PSI11157M	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11156M	Psychological Intervention with Elderly	Psychology	6	Semester	156
PSI11155M	Crisis Intervention	Psychology	6	Semester	156
PSI11154M	Intelligence, Creativity and Innovation	Psychology	6	Semester	156
PSI11153M	Career Management and Counseling	Psychology	6	Semester	156
GES11167M	Project management	Management	6	Semester	156
PSI11152M	Diversity(eis) and Psychological Intervention	Psychology	6	Semester	156
PSI11151M	Group Dynamics	Psychology	6	Semester	156
PSI11150M	Knowledge and Transversal Skills	Psychology	6	Semester	156
PSI11149M	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11148M	Learning and Self-regulation	Psychology	6	Semester	156
PSI11166M	Family Therapy	Psychology	6	Semester	156
PSI11168M	Expressive Therapies	Psychology	6	Semester	156
PSI11165M	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
PSI11164M	Psychology, Education and Multiculturalism	Psychology	6	Semester	156
PSI11163M	Psychology and Community Intervention	Psychology	6	Semester	156
Optativas (Obrigatórias da área de Educação - 1º Sem)					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11140M	Psychological Evaluation in Education and Training	Psychology	6	Semester	156
PSI11141M	Dynamics on Teaching-Learning Processes	Psychology	6	Semester	156
PSI11142M	Construction of Knowledge and Learning	Psychology	6	Semester	156
PSI11143M	Vocational Psychology	Psychology	6	Semester	156
PSI11144M	Special Needs of Education	Psychology	6	Semester	156
PSI11145M	Psychological Intervention in Educational Contexts	Psychology	6	Semester	156
PSI11146M	Development and Psychological Counseling in Educational Contexts	Psychology	6	Semester	156



2nd Year - 3rd Semester Specialization Clinical Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours

2nd Year - 4th Semester Specialization Clinical Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Dissertation				

Conditions for obtaining the Degree:

*** TRANSLATE ME: ESPECIALIZAÇÃO EM PSICOLOGIA DA EDUCAÇÃO: {\ }newline
{\ }newline
Para a aprovação na componente curricular nesta área de especialização é necessário a aprovação (através de avaliação ou creditação) das seguintes unidades curriculares: {\ }newline
{\ }newline
1^o Semestre: {\ }newline
4 UC Obrigatórias num total de 24 Ects {\ }newline
UC do Grupo de Optativas do quadro 9^o ou uma UC obrigatória da outra área de especialização num total de 6 ECTS {\ }newline
{\ }newline
2^o Semestre: {\ }newline
6 UC Obrigatórias num total de 30 Ects {\ }newline
{\ }newline
{\ }newline
3^o e 4^o Semestre: {\ }newline
1 UC Obrigatória (Estágio em Psicologia da Educação) num total de 24 Ects
1UC do Grupo de Optativas do Quadro 9^o ou uma UC obrigatória da outra área de especialização num total de 6 ECTS (no 3^o semestre) {\ }newline
{\ }newline
Para obtenção do grau, é necessário também a aprovação em Dissertação no total de 30 ECTS, no 3.^o e 4.^o Semestre. {\ }newline
{\ }newline
ESPECIALIZAÇÃO EM PSICOLOGIA CLÍNICA: {\ }newline
{\ }newline
Para a aprovação na componente curricular nesta área de especialização é necessário a aprovação (através de avaliação ou creditação) das seguintes unidades curriculares:
{\ }newline
1^o Semestre: {\ }newline
4 UC Obrigatórias num total de 24 Ects {\ }newline
UC do Grupo de Optativas do Quadro 9^o ou uma UC obrigatória da outra área de especialização num total de 6 ECTS {\ }newline
{\ }newline
2^o Semestre: {\ }newline
6 UC Obrigatórias num total de 30 Ects {\ }newline
{\ }newline
{\ }newline
3^o e 4^o Semestre: {\ }newline
1 UC Obrigatória (Estágio em Psicologia da Educação) num total de 24 Ects
1UC do Grupo de Optativas do Quadro 9^o ou uma UC obrigatória da outra área de especialização num total de 6 ECTS (no 3^o semestre) {\ }newline
{\ }newline
Para obtenção do grau, é necessário também a aprovação em Dissertação no total de 30 ECTS, no 3.^o e 4.^o Semestre. ***

Program Contents

[Back](#)

Research and Data analysis in Psychology (PSI1128M)



[Back](#)

Psychological Evaluation in Education and Training (PSI11140M)

[Back](#)

Dynamics on Teaching-Learning Processes (PSI11141M)

1. Structure and organization of the school
2. Education
 - 2.1. Psychology in teacher education
 - 2.2. The professional development of teachers
 - 2.3. Prospects of psychological intervention in the teaching
3. Dynamics of teaching and learning:
 - 3.1. Relational dynamics in the teaching-learning
 - 3.4. Classroom Management
 - 3.3. Prospects of psychological intervention in the dynamics of teaching and learning.

[Back](#)

Construction of Knowledge and Learning (PSI11142M)

[Back](#)

Occupational Health Psychology (PSI11162M)

[Back](#)

Language, Reading and Writing Psychology (PSI11161M)

- I - Introduction to the study of language
 - Language
 - Chomsky's revolution
 - Approaches, methods and techniques
 - Themes and controversies
 - Biological foundations
- II - Language development
 - Language acquisition and development
 - The driving forces of language development
 - Phonological development
 - Semantic development
 - Early syntactic development
- III - Speech
 - Speech
 - Speech perception
 - Recognizing words
 - Speech production
 - Understanding speech
- IV - Written language
 - Reading and writing
 - Systems of writing and orthography
 - Reading: The processes of normal reading
 - Specific reading and writing disorders



[Back](#)

Psychology of People Management (PSI11160M)

1. People attraction systems
 - 1.1. People and Organizations
 - 1.2. People Strategic Management and decent work
 - 1.3. Needs analysis, Recruitment, Selection and psychological assessment
 - 1.4. Hiring, integrating and socializing people in organizations
2. People development and maintenance systems
 - 2.1. Structured actions of intentional development
 - 2.2. Strategic work analysis
 - 2.3. Performance management
 - 2.4. Compensation systems
3. Disconnecting people from organizations
 - 3.1 Firing people
 - 3.2 Retirement
 - 3.3. Succession planning and intergenerational cooperation

[Back](#)

Clinical Neuropsychology (PSI11159M)

1. The clinical history of people with brain injury or dysfunction
2. The evaluation and diagnosis of cognitive deficits
 - 1. Attention and executive function disorders ,
 - 2. Visual agnosia, prosopagnosia and hemispatial neglect
 - 3. Amnesic syndromes
 - 4. Aphasia and Dyslexia
 - 5. Apraxia
3. The evaluation and diagnosis of dementia
4. Screening instruments and neuropsychological assessment tests
5. Structure of a neuropsychological assessment battery

[Back](#)

Introduction to Coaching (PSI11158M)

Concepts of coaching and other intentional developmental practices
Types of coaching
Theoretical perspectives of coaching
Models and approaches in coaching
Coaching processes: its structure and functioning
Training of coaching professionals
Psychological coaching
The qualification and legitimation of coaching
Competences relevant to the practice of coaching
Ethics in coaching practice



[Back](#)

Psychological Intervention in Health Contexts (PSI11157M)

1. Introduction:

- 1.1 Clinical Health Psychology and Social and Community Health Psychology
- 1.2 Clinical practice in a health context: framework

2. General context:

- 2.1 The World Health Organization
- 2.1 The Portuguese National Healthcare System: Basic Healthcare, Secondary Healthcare Tertiary Healthcare and how they are integrated.

3. Specific contexts of intervention:

- 3.1 Psycho-Cardiology
- 3.2 Psycho-Oncology
- 3.3 Chirurgic
- 3.4 Emergency
- 3.5 Chronic pain
- 3.6 Psychiatry
- 3.7 Continued healthcare
- 3.7 Palliative healthcare

4. The role of psychologists in Health Promotion Programs

5. The role of psychologists in Disease Prevention Programs

6. Challenges and possibilities

- 6.1 Multi and transdisciplinary work, team work and training
- 6.2 Health project design and it´s implementation in the communities (Governmental Agencies and non-governmental organizations (NGOs)
- 6.3 Intervention evaluation
- 6.4 Ethical questioning regarding the economic and social determinants of health and psychological intervention.

[Back](#)

Crisis Intervention (PSI11155M)

1. Crisis Intervention Theory and Applications

2. Crisis Intervention Models

- 2.1 Roberts' Seven-Stage Crisis Intervention Model
- 2.2 Mitchell´s Critical Incident Stress Management Intervention System

3. Basic Crisis Intervention Skills

- 3.1 Stress, Trauma and Resilience
- 3.2 Personal and Context Resources (family, community)

4. Crisis Cases: Handling specific cases

- 4.1 Psychological Crises (suicide, panic disorder, crisis-prone patients)
- 4.2 Child and family crisis (aggression, sexual abuse)
- 4.4 Disaster and catastrophe crisis (environmental)



[Back](#)

Intelligence, Creativity and Innovation (PSI11154M)

I. Introduction

II. Intelligence - internal phenomenon vs. intellectual act

1. Psychometric approach to intelligence - general vs. specific aptitude
2. Developmental approach to intelligence - general vs. specific structure
3. Intelligence as an act of information processing
4. Assessment of intelligence - from the individual phenomenon to the intelligent act

III. Intelligence and knowledge

1. Knowledge, intelligence and context - a triarchic view
2. Knowledge, intelligence and competence - a dynamic perspective
3. Social knowledge and emotional knowledge – intelligence?
4. Challenges to intelligence assessment
 - 4.1. Evaluation of intelligence based on the content
 - 4.2. The evaluation of intelligence based on the cognitive process
 - 4.3. Content and process -based assessment - the case of the Cognitive Test of Social Intelligence

IV. Creativity

1. Creativity - individual phenomenon vs. systemic phenomenon
2. Creativity - a personal decision that drives change
3. Creativity - a confluence of personal, field and domain factors
4. Challenges to the evaluation of creativity based on integrative contributions

[Back](#)

Career Management and Counseling (PSI11153M)

[Back](#)

Project management (GES11167M)

Module 1 - Project Management Framework

Basic concepts

Project Management Processes

Project life cycle

Module 2 - Team Organization and Management Project

The Project Manager

Organizational Structure

Organization of the project team

Leadership in project management

Module 3 - Project Planning and Programming

Project objectives

Planning and the Work Breakdown Structure

Planning using PERT

Resource allocation, budget and project costs

Project viability

Module 4 - Monitoring, risk and project control

Earned Value Management (EVM)

Quality throughout the project

Project Management and Risk



[Back](#)

Diversity(eis) and Psychological Intervention (PSI11152M)

1. Introduction

Human diversity(ies) and psychological intervention: perspectives and problematizations.

2. Key concepts in the study of human diversity: culture, "race" / ethnicity, gender, sexual orientation, disability, socioeconomic status, age, ...
3. Prejudice and discrimination in different contexts: racism, sexism, heterosexism, ageism, ableism, ...
4. Perspectives of Psychology on human diversity(ies).
5. Psychological interventions to reduce prejudice and discrimination in different contexts

[Back](#)

Group Dynamics (PSI11151M)

[Back](#)

Knowledge and Transversal Skills (PSI11150M)

1. Society of Knowledge and learning
2. Soft Skills — concept in psychology
3. Soft skills in educational settings
4. Soft skills and career

[Back](#)

Conflicts and Aggressive Practices in School Context (PSI11149M)

1. General framework
2. School violence and aggressive behaviors: concepts and conceptual models
3. The phenomenon of School Bullying: an ecological analysis
4. School violence, aggressive behaviors and bullying: risk and protective factors
5. School climate, peer relations and prevention of school violence, aggressive practices and bullying
6. Intervention programs to prevent and reduce school violence and bullying

[Back](#)

Learning and Self-regulation (PSI11148M)

1. Self-Regulated Learning

Major models: convergences and specificities

Phases, processes and dimensions

Self-regulation, co-regulation and socially shared regulation

Development of self-regulatory processes

2. Psychological interventions to develop learning self-regulation

At different developmental, educational and population levels

In different dimensions (cognitive, metacognitive, motivational, emotional and behavioral)

In specific domains (e.g., reading, writing, and problem solving)

3. Supports for self-regulation

Social Influence

Methods and methodologies of teaching and assessment

Activities, strategies and instruments



[Back](#)

Family Therapy (PSI11166M)

1. Systemic Paradigm
 - 1.1. Epistemological bases: General Theory of Systems and cybernetics.
 - 1.2. Perturbed Human Systems and Mental Health
2. Systemic diagnosis
3. Diagnostic support procedures
4. Indications and Contraindications of Systemic Family Therapy
5. Family Therapy Models
6. Systemic psychotherapy
7. Planning, monitoring and evaluation of the therapeutic process

[Back](#)

Expressive Therapies (PSI11168M)

- 1-Theoretical Foundations of Expressive Therapies
- 2- Expression and Communication in Therapeutic Relationship
- 3- Principles and Practice
 - 3.1. Role of ET
 - 3.2. Theoretical Models
 - 3.3. Application Models
 - 3.4. Settings of Intervention
 - 3.5. Evaluation and Research Models
- 4 - Steps in Therapeutic Process
- 5 - Modalities
 - 5.1. Music Therapy
 - 5.2. Dance/Movement Therapy
 - 5.3. Drama Therapy
 - 5.4. Art Therapy
 - 5.5. Intermodal Expressive Arts Therapy
- 6 - Workshops



[Back](#)

Theory and Practice of the Rorschach test (PSI11165M)

The Rorschach Method according to the John E. Exner Integrative System

- 1- Some introductory and historical aspects
- 2- A reference to the Rorschach Performance Assessment System (R-PAS)
- 3- Standardized administration procedures
- 4- The scoring
 - 4.1- Location and development quality
 - 4.2- The determinants
 - 4.3- Formal quality
 - 4.4- Popular Contents
 - 4.5- The organizational activity
 - 4.6- Special scores: critical and non-critical
 - 4.7- Scoring of a protocol
- 5- Obtaining the Structural Summary
- 6- The process of interpretation
 - 6.1- Some general guidelines
 - 6.2- The interpretive clusters
 - 6.2.1- Information Processing
 - 6.2.2- Mediation
 - 6.2.3- Ideation
 - 6.2.4- Affect
 - 6.2.5- Self Perception
 - 6.2.6- Interpersonal Relationships
 - 6.2.7- Control and Stress Tolerance
 - 6.3- Interpretation of a protocol

[Back](#)

Psychology, Education and Multiculturalism (PSI11164M)

1. Ethnic diversity in Portugal
2. Education in multicultural contexts
3. Intervention strategies in multicultural contexts

[Back](#)

Psychology and Community Intervention (PSI11163M)

1. Historical and theoretical framework for Community intervention
2. Psychologist and social and community intervention
3. Contexts of diversity / diversity of contexts
4. Programs focused on specific groups and universal programs
5. Methods and techniques to identify needs and intervene
4. 6. Design, implementation and evaluation of intervention plans in different contexts, scenarios and populations
7. Research and Ethics in community intervention

[Back](#)

Psychological Intervention with Elderly (PSI11156M)

1. The elderly: demographic indicators and typical problematic.
2. Levels, types, targets and domains of intervention.
3. Programs of psychological intervention with the elderly and its' evaluation.
4. Interplay between ethical and technical features in psychological intervention with the elderly.



[Back](#)

Child and Adolescent Psychopathology (PSI11129M)

[Back](#)

Dynamic Psychotherapy with Adults (PSI11130M)

2. Epistemological aspects of the theory of psychotherapeutic technique
3. Initial phase: the interview in clinical psychology
4. The psychotherapeutic process - theoretical aspects of interpretative technique in psychotherapy The act of interpretation and its key components, the transfer and its use in psychotherapeutic technique, countertransference and empathy in the act of interpretation, the resistance and its clinical management, the setting, the Insight, the preparation, the psychic change.
5. Psychotherapy in the context of health
6. Finals: theoretical and technical problems of the end of psychotherapy

[Back](#)

Behavioural and Cognitive Psychotherapies with Children and Adolescents (PSI11131M)

[Back](#)

Dynamic Psychotherapy with Children and Adolescents (PSI11133M)

1. Basic Principles of Psychoanalytic Psychotherapy for Children
2. The models of attendance in psychotherapy of children
3. Work with the parents
 - 3.1. Attendance
 - 3.2. Interview with parents and medical history
 - 3.3. Working with parents
4. Therapeutic setting in Child Psychotherapy
 - 4.1. Relationship between space and therapeutic relationship
 - 4.2. Characteristics of the space
 - 4.3. Materials used in therapeutic work with children
5. Assessment and Diagnosis in Child Psychotherapy
 - 5.1. Clinical interview with the child
 - 5.2. Use of tests and instruments
6. The initial phases of the therapeutic process and the establishment of the therapeutic relationship
 - 6.1. Goals of therapy
 - 6.2. Therapeutic contract
 - 6.3. Therapeutic relationship
7. Therapist Variables
 - 7.1. Transference and countertransference in the therapist's work
8. Psychotherapeutic work in different Psychopathologies

[Back](#)

Behavioural and Cognitive Psychotherapies with Adults (PSI11134M)

[Back](#)

Psychological Assessment in Clinical Contexts (PSI11135M)



[Back](#)

Quantitative Data Analysis in Psychology (PSI11137M)

[Back](#)

Qualitative Data Analysis in Psychology (PSI11136M)

[Back](#)

Development and Psychological Counselling in Educational Contexts (PSI11146M)

1. Framework

- 1.1. Psychological intervention in educational contexts: theoretical models and professional practices
- 1.2. Ethical issues in psychological intervention in educational settings

2. Human Development in Context

- 2.1 Human development in context: conceptual framework
- 2.2. Constructivist and socio-constructivist models
- 2.3. Ecological and bioecological model of human development.

3. Psychological and psycho-educational counseling

- 3.1. Models of psychological counseling
- 3.2. Psychological counseling in educational contexts
- 3.3. Ecology of psychological and psycho-educational counseling

? Relationship with the school, family, and community

3.4. Psychological counseling and psychological reports

4. Psychological counseling and promotion of development

- 4.1 The developmental-ecological model of psychological intervention
- 4.2. Perspective for a psychological intervention in context for the prevention and resolution of problems

[Back](#)

Psychological Intervention in Educational Contexts (PSI11145M)

[Back](#)

Special Needs of Education (PSI11144M)

1 - Introduction to Special Educational Needs (S.E.N.)

2 - Models and Practices in S.E.N.

3 - Person with S.E.N.

4 - Contexts and Methods of Interventions

5 - Strategies for Intervention in S.E.N.

[Back](#)

Vocational Psychology (PSI11143M)



[Back](#)

Internship in Educational Psychology (PSI11147M)

Considering the intervention areas of the educational psychologist, the practicum in Educational Psychology will address three major areas of intervention:

1. Individual intervention (namely, development of support activities, psychological counseling and psycho-educational support).
2. Group Intervention (development activities with small groups of actors in the context - students, teachers).
3. Intervention in the wider educational context - institutions, families, community (development activities that promote the development of the system of community relationships).

The stages include, among others, the following activities:

- A. Psychological assessment and case conceptualization.
- B. Monitoring and follow up of individual cases.
- C. Psychological counseling and psycho-educational support.
- D. Vocational counseling.
- E. Intervention activities in small groups.
- F. Collaboration in training actions in the context of the actors and / or conducting experiments and projects.

[Back](#)

Psychological Consultation (PSI11132M)

[Back](#)

Internship in Clinical Psychology (PSI11138M)

Not applicable