



## Study Plan

**School:** Institute for Advanced Studies and Research

**Degree:** Doctorate

**Course:** Human Kinetics (cód. 611)

### 1st Year - 1st Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
DES12013D	Seminars in Human Kinetics 1	Human Kinetics	12	Semester	312
DES12014D	Seminars in Human Kinetics 2	Human Kinetics	12	Semester	312
DES12015D	Thesis Project in Human Kinetics	Human Kinetics	6	Semester	156

### 1st Year - 2nd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Thesis				

### 2nd Year - 3rd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Thesis				

### 2nd Year - 4th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Thesis				

### 3rd Year - 5th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Thesis				

### 3rd Year - 6th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Thesis				

### Conditions for obtaining the Degree:

\*\*\* TRANSLATE ME: Para aprovação na componente curricular deste programa de doutoramento é necessário a aprovação (através de avaliação ou creditação) das seguintes unidades curriculares: { \ }newline

{ \ }newline

1º Semestre: { \ }newline

3 UC Obrigatórias num total de 30 ECTS { \ }newline

{ \ }newline

{ \ }newline

{ \ }newline

Para obtenção do grau, é necessário a aprovação da Tese com o total de 150 ECTS no 1º, 2º e 3º Ano \*\*\*

## Program Contents



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### **Seminars in Human Kinetics 1 (DES12013D)**

Syllabus consists of cycles of seminars focusing on different areas of research in Human Kinetics. These seminars or lectures are given by professors and researchers from the University of Évora or other institutions at the invitation of the responsible professor of CU. These seminars are open to the academic community, including students of 1st and 2nd cycles, publicized internally and externally. Short courses on specific topics may also be included. It is also intended that students contact with concrete examples of entities that operate in areas of Human Kinetics, including exercise and health, gerontomotricity, sports performance, sports management and psychomotricity.

The titles and speakers of each academic year seminars will be available as Book of Abstracts published by IIFA and presented in the annual report of the CU.

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### **Seminars in Human Kinetics 2 (DES12014D)**

In similarity of the course Seminar in Human Kinetics 1, the program content of this course consists of cycles of seminars on different areas of research in Human Kinetics. These seminars or lectures are conceptualized and prepared by the students, depending on their specific areas of research and interest and in conjunction with the teaching staff of the course. These seminars are open to the academic community, including students of 1st and 2nd cycles, publicized internally and externally.

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### **Thesis Project in Human Kinetics (DES12015D)**

The syllabus of this course aimed to scientifically frame the problem to investigate, to trace the state of the art of the selected theme, to announce clearly the objectives of the study and to identify possibilities of work and the expected results. The syllabus include: literature review, definition of objectives, proposal of the experimental design, expected results, thesis schedule and public presentation, discussion and defence of the thesis project.