



## Study Plan

**School:** School of Social Sciences

**Degree:** Master

**Course:** Psychology (cód. 739)

### Specialization Clinical Psychology

#### 1st Year - 1st Semester

##### Specialization Clinical Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11128M	Research and Data analysis in Psychology	Psychology	6	Semester	156
PSI11129M	Child and Adolescent Psychopathology	Psychology	6	Semester	156
PSI11130M	Dynamic Psychotherapy with Adults	Psychology	6	Semester	156
PSI11131M	Behavioural and Cognitive Psychotherapies with Children and Adolescents	Psychology	6	Semester	156

#### Options

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11148M	Learning and Self-regulation	Psychology	6	Semester	156
PSI11149M	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11151M	Group Dynamics	Psychology	6	Semester	156
PSI11163M	Psychology and Community Intervention	Psychology	6	Semester	156
PSI11155M	Crisis Intervention	Psychology	6	Semester	156
PSI11157M	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11159M	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11165M	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
PSI11168M	Expressive Therapies	Psychology	6	Semester	156
GES10979M	Performance Assessment and Professional D.	Management	6	Semester	156
ECN12641M	Labor Law	Legal-Political Theory and International Relations	6	Semester	156
GES10975M	Organizational Change Management	Management	6	Semester	156
PSI11158M	Introduction to Coaching	Psychology	6	Semester	156
PSI13251M	Social Psychology of Environment	Psychology	6	Semester	156
PSI13250M	Work and Social Inclusion	Psychology	6	Semester	156



**1st Year - 2nd Semester**  
**Specialization Clinical Psychology**

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11132M	Psychological Consultation	Psychology	6	Semester	156
PSI11133M	Dynamic Psychotherapy with Children and Adolescents	Psychology	6	Semester	156
PSI11134M	Behavioural and Cognitive Psychotherapies with Adults	Psychology	6	Semester	156
PSI11135M	Psychological Assessment in Clinical Contexts	Psychology	6	Semester	156
PSI11136M	Qualitative Data Analysis in Psychology	Psychology	3	Semester	78
PSI11137M	Quantitative Data Analysis in Psychology	Psychology	3	Semester	78

**2nd Year - 3rd Semester**  
**Specialization Clinical Psychology**

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11138M	Internship in Clinical Psychology	Psychology	24	Year	624

**Options**

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11148M	Learning and Self-regulation	Psychology	6	Semester	156
PSI11149M	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11151M	Group Dynamics	Psychology	6	Semester	156
PSI11163M	Psychology and Community Intervention	Psychology	6	Semester	156
PSI11155M	Crisis Intervention	Psychology	6	Semester	156
PSI11157M	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11159M	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11165M	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
PSI11168M	Expressive Therapies	Psychology	6	Semester	156
GES10979M	Performance Assessment and Professional D.	Management	6	Semester	156
ECN12641M	Labor Law	Legal-Political Theory and International Relations	6	Semester	156
GES10975M	Organizational Change Management	Management	6	Semester	156
PSI11158M	Introduction to Coaching	Psychology	6	Semester	156
PSI13251M	Social Psychology of Environment	Psychology	6	Semester	156
PSI13250M	Work and Social Inclusion	Psychology	6	Semester	156

Dissertation



## 2nd Year - 4th Semester

### Specialization Clinical Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Dissertation					

### Specialization Educational Psychology

## 1st Year - 1st Semester

### Specialization Educational Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11128M	Research and Data analysis in Psychology	Psychology	6	Semester	156
PSI11143M	Vocational Psychology	Psychology	6	Semester	156
PSI11141M	Dynamics on Teaching-Learning Processes	Psychology	6	Semester	156
PSI13147M	Knowledge and lifelong learning	Psychology	3	Semester	78
PSI13148M	Language, Reading and Writing Psychology	Psychology	3	Semester	78

### Options

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11148M	Learning and Self-regulation	Psychology	6	Semester	156
PSI11149M	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11151M	Group Dynamics	Psychology	6	Semester	156
PSI11163M	Psychology and Community Intervention	Psychology	6	Semester	156
PSI11155M	Crisis Intervention	Psychology	6	Semester	156
PSI11157M	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11159M	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11165M	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
PSI11168M	Expressive Therapies	Psychology	6	Semester	156
GES10979M	Performance Assessment and Professional D.	Management	6	Semester	156
ECN12641M	Labor Law	Legal-Political Theory and International Relations	6	Semester	156
GES10975M	Organizational Change Management	Management	6	Semester	156
PSI11158M	Introduction to Coaching	Psychology	6	Semester	156
PSI13251M	Social Psychology of Environment	Psychology	6	Semester	156
PSI13250M	Work and Social Inclusion	Psychology	6	Semester	156



**1st Year - 2nd Semester**  
**Specialization Educational Psychology**

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11136M	Qualitative Data Analysis in Psychology	Psychology	3	Semester	78
PSI11137M	Quantitative Data Analysis in Psychology	Psychology	3	Semester	78
PSI13143M	Psychological Counselling in School Contexts	Psychology	6	Semester	156
PSI13144M	Intervention by Programs and Projects in Educational Psychology	Psychology	6	Semester	156
PSI13146M	Psychology and Special Needs of Education	Psychology	6	Semester	156
PSI13145M	Psychological Assessment in Educative Contexts	Psychology	6	Semester	156

**2nd Year - 3rd Semester**  
**Specialization Educational Psychology**

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11147M	Internship in Educational Psychology	Psychology	24	Year	624

**Options**

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11148M	Learning and Self-regulation	Psychology	6	Semester	156
PSI11149M	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11151M	Group Dynamics	Psychology	6	Semester	156
PSI11163M	Psychology and Community Intervention	Psychology	6	Semester	156
PSI11155M	Crisis Intervention	Psychology	6	Semester	156
PSI11157M	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11159M	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11165M	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
PSI11168M	Expressive Therapies	Psychology	6	Semester	156
GES10979M	Performance Assessment and Professional D.	Management	6	Semester	156
ECN12641M	Labor Law	Legal-Political Theory and International Relations	6	Semester	156
GES10975M	Organizational Change Management	Management	6	Semester	156
PSI11158M	Introduction to Coaching	Psychology	6	Semester	156
PSI13251M	Social Psychology of Environment	Psychology	6	Semester	156
PSI13250M	Work and Social Inclusion	Psychology	6	Semester	156

Dissertation



**2nd Year - 4th Semester**  
**Specialization Educational Psychology**

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
	Dissertation				

**Specialization Work, Organizational and Social Psychology**

**1st Year - 1st Semester**  
**Specialization Work, Organizational and Social Psychology**

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11128M	Research and Data analysis in Psychology	Psychology	6	Semester	156
PSI13239M	Occupacional Health Psychology	Psychology	6	Semester	156
PSI13244M	Work and Organizational Psychology	Psychology	6	Semester	156
PSI13246M	Advanced Topics in Social Psychology	Psychology	3	Semester	78
PSI13240M	Psychology of People Management	Psychology	3	Semester	78

**Options**

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11148M	Learning and Self-regulation	Psychology	6	Semester	156
PSI11149M	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11151M	Group Dynamics	Psychology	6	Semester	156
PSI11163M	Psychology and Community Intervention	Psychology	6	Semester	156
PSI11155M	Crisis Intervention	Psychology	6	Semester	156
PSI11157M	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11159M	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11165M	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
PSI11168M	Expressive Therapies	Psychology	6	Semester	156
GES10979M	Performance Assessment and Professional D.	Management	6	Semester	156
ECN12641M	Labor Law	Legal-Political Theory and International Relations	6	Semester	156
GES10975M	Organizational Change Management	Management	6	Semester	156
PSI11158M	Introduction to Coaching	Psychology	6	Semester	156
PSI13251M	Social Psychology of Environment	Psychology	6	Semester	156
PSI13250M	Work and Social Inclusion	Psychology	6	Semester	156



### 1st Year - 2nd Semester

#### Specialization Work, Organizational and Social Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11136M	Qualitative Data Analysis in Psychology	Psychology	3	Semester	78
PSI11137M	Quantitative Data Analysis in Psychology	Psychology	3	Semester	78
PSI13247M	Diagnostic and Intervention in Social Psychology	Psychology	6	Semester	156
PSI13245M	Organizational assessment and intervention	Psychology	6	Semester	156
PSI13241M	Management and Career Counseling	Psychology	6	Semester	156
GES10937M	Ethical M. Corporate Social Responsibility	Management	6	Semester	156

### 2nd Year - 3rd Semester

#### Specialization Work, Organizational and Social Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI13248M	Internship in Work, Organizational and Social Psychology	Psychology	24	Year	624

#### Options

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11148M	Learning and Self-regulation	Psychology	6	Semester	156
PSI11149M	Conflicts and Aggressive Practices in School Context	Psychology	6	Semester	156
PSI11151M	Group Dynamics	Psychology	6	Semester	156
PSI11163M	Psychology and Community Intervention	Psychology	6	Semester	156
PSI11155M	Crisis Intervention	Psychology	6	Semester	156
PSI11157M	Psychological Intervention in Health Contexts	Psychology	6	Semester	156
PSI11159M	Clinical Neuropsychology	Psychology	6	Semester	156
PSI11165M	Theory and Practice of the Rorschach test	Psychology	6	Semester	156
PSI11168M	Expressive Therapies	Psychology	6	Semester	156
GES10979M	Performance Assessment and Professional D.	Management	6	Semester	156
ECN12641M	Labor Law	Legal-Political Theory and International Relations	6	Semester	156
GES10975M	Organizational Change Management	Management	6	Semester	156
PSI11158M	Introduction to Coaching	Psychology	6	Semester	156
PSI13251M	Social Psychology of Environment	Psychology	6	Semester	156
PSI13250M	Work and Social Inclusion	Psychology	6	Semester	156

Dissertation



2nd Year - 4th Semester

Specialization Work, Organizational and Social Psychology

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Dissertation					



## Conditions for obtaining the Degree:

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ESPECIALIZAÇÃO EM PSICOLOGIA CLÍNICA:{ \ }newline

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Para a aprovação na componente curricular nesta área de especialização é necessário a aprovação (através de avaliação ou creditação) das seguintes unidades curriculares:

1.º Ano

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1º Semestre:

4 UC Obrigatórias num total de 24 ECTS{ \ }newline

1 UC do Quadro de Optativas disponível neste semestre num total de 6 ECTS{ \ }newline

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2º Semestre:

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6 UC Obrigatórias num total de 30 ECTS{ \ }newline

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2.º Ano

{ \ }newline

3º e 4º Semestre

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1 UC Obrigatória (Estágio em Psicologia Clínica) num total de 24 ECTS

1 UC do Quadro de Optativas disponível neste semestre num total de 6 ECTS{ \ }newline

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Para obtenção do grau, é necessário também a aprovação em Dissertação no total de 30 ECTS, no 3.º e 4.º Semestre.

ESPECIALIZAÇÃO EM PSICOLOGIA DA EDUCAÇÃO:{ \ }newline

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ara a aprovação na componente curricular nesta área de especialização é necessário a aprovação (através de avaliação ou creditação) das seguintes unidades curriculares:

1.º Ano

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1º Semestre:

5 UC Obrigatórias num total de 24 ECTS{ \ }newline

1 UC do Quadro de Optativas disponível neste semestre num total de 6 ECTS{ \ }newline

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2º Semestre:

{ \ }newline

6 UC Obrigatórias num total de 30 ECTS{ \ }newline

{ \ }newline

2.º Ano

{ \ }newline

3º e 4º Semestre

{ \ }newline

1 UC Obrigatória (Estágio em Psicologia da Educação) num total de 24 ECTS

1 UC do Quadro de Optativas disponível neste semestre num total de 6 ECTS{ \ }newline

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Para obtenção do grau, é necessário também a aprovação em Dissertação no total de 30 ECTS, no 3.º e 4.º Semestre.

ESPECIALIZAÇÃO EM PSICOLOGIA SOCIAL DO TRABALHO E DAS ORGANIZAÇÕES{ \ }newline

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ara a aprovação na componente curricular nesta área de especialização é necessário a aprovação (através de avaliação ou creditação) das seguintes unidades curriculares:

1.º Ano

{ \ }newline

1º Semestre:

5 UC Obrigatórias num total de 24 ECTS

{ \ }newline

1 UC do Quadro de Optativas disponível neste semestre num total de 6 ECTS{ \ }newline

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**Child and Adolescent Psychopathology (PSI11129M)**

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**Behavioural and Cognitive Psychotherapies with Children and Adolescents (PSI11131M)**

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**Learning and Self-regulation (PSI11148M)**

1. Self-Regulated Learning

Major models: convergences and specificities

Phases, processes and dimensions

Self-regulation, co-regulation and socially shared regulation

Development of self-regulatory processes

2. Psychological interventions to develop learning self-regulation

At different developmental, educational and population levels

In different dimensions (cognitive, metacognitive, motivational, emotional and behavioral)

In specific domains (e.g., reading, writing, and problema solving)

3. Supports for self-regulation

Social Influence

Methods and methodologies of teaching and assessment

Activities, strategies and instruments

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**Conflicts and Aggressive Practices in School Context (PSI11149M)**

1. General framework

2. School violence and aggressive behaviors: concepts and conceptual models

3. The phenomenon of School Bullying: an ecological analysis

4. School violence, aggressive behaviors and bullying: risk and protective factors

5. School climate, peer relations and prevention of school violence, aggressive practices and bullying

6. Intervention programs to prevent and reduce school violence and bullying

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**Group Dynamics (PSI11151M)**



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### **Psychology and Community Intervention (PSI11163M)**

1. Historical and theoretical framework for Community intervention
2. Psychologist and social and community intervention
3. Contexts of diversity / diversity of contexts
4. Programs focused on specific groups and universal programs
5. Methods and techniques to identify needs and intervene
4. 6. Design, implementation and evaluation of intervention plans in different contexts, scenarios and populations
7. Research and Ethics in community intervention

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### **Crisis Intervention (PSI11155M)**

1. Crisis Intervention Theory and Applications
2. Crisis Intervention Models
  - 2.1 Roberts' Seven-Stage Crisis Intervention Model
  - 2.2 Mitchell 's Critical Incident Stress Management Intervention System
3. Basic Crisis Intervention Skills
  - 3.1 Stress, Trauma and Resilience
  - 3.2 Personal and Context Resources (family, community)
4. Crisis Cases: Handling specific cases
  - 4.1 Psychological Crises (suicide, panic disorder, crisis-prone patients)
  - 4.2 Child and family crisis (aggression, sexual abuse)
  - 4.4 Disaster and catastrophe crisis (environmental)



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### **Psychological Intervention in Health Contexts (PSI11157M)**

#### 1. Introduction:

1.1 Clinical Health Psychology and Social and Community Health Psychology

1.2 Clinical practice in a health context: framework

#### 2. General context:

2.1 The World Health Organization

2.1 The Portuguese National Healthcare System: Basic Healthcare, Secondary Healthcare Tertiary Healthcare and how they are integrated.

#### 3. Specific contexts of intervention:

3.1 Psycho-Cardiology

3.2 Psycho-Oncology

3.3 Chirurgic

3.4 Emergency

3.5 Chronic pain

3.6 Psychiatry

3.7 Continued healthcare

3.7 Palliative healthcare

4. The role of psychologists in Health Promotion Programs

5. The role of psychologists in Disease Prevention Programs

#### 6. Challenges and possibilities

6.1 Multi and transdisciplinary work, team work and training

6.2 Health project design and it´s implementation in the communities (Governmental Agencies and non-governmental organizations (NGOs)

6.3 Intervention evaluation

6.4 Ethical questioning regarding the economic and social determinants of health and psychological intervention.

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### **Clinical Neuropsychology (PSI11159M)**

1. The clinical history of people with brain injury or dysfunction

#### 2. The evaluation and diagnosis of cognitive deficits

- 1. Attention and executive function disorders ,
- 2. Visual agnosia, prosopagnosia and hemispatial neglect
- 3. Amnesic syndromes
- 4. Aphasia and Dyslexia
- 5. Apraxia

3. The evaluation and diagnosis of dementia

4. Screening instruments and neuropsychological assessment tests

5. Structure of a neuropsychological assessment battery



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### **Theory and Practice of the Rorschach test (PSI11165M)**

The Rorschach Method according to the John E. Exner Integrative System

- 1- Some introductory and historical aspects
- 2- A reference to the Rorschach Performance Assessment System (R-PAS)
- 3- Standardized administration procedures
- 4- The scoring
  - 4.1- Location and development quality
  - 4.2- The determinants
  - 4.3- Formal quality
  - 4.4- Popular Contents
  - 4.5- The organizational activity
  - 4.6- Special scores: critical and non-critical
  - 4.7- Scoring of a protocol
- 5- Obtaining the Structural Summary
- 6- The process of interpretation
  - 6.1- Some general guidelines
  - 6.2- The interpretive clusters
    - 6.2.1- Information Processing
    - 6.2.2- Mediation
    - 6.2.3- Ideation
    - 6.2.4- Affect
    - 6.2.5- Self Perception
    - 6.2.6- Interpersonal Relationships
    - 6.2.7- Control and Stress Tolerance
  - 6.3- Interpretation of a protocol

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### **Expressive Therapies (PSI11168M)**

- 1-Theoretical Foundations of Expressive Therapies
- 2- Expression and Communication in Therapeutic Relationship
- 3- Principles and Practice
  - 3.1. Role of ET
  - 3.2. Theoretical Models
  - 3.3. Application Models
  - 3.4. Settings of Intervention
  - 3.5. Evaluation and Research Models
- 4 - Steps in Therapeutic Process
- 5 - Modalities
  - 5.1. Music Therapy
  - 5.2. Dance/Movement Therapy
  - 5.3. Drama Therapy
  - 5.4. Art Therapy
  - 5.5. Intermodal Expressive Arts Therapy
- 6 - Workshops



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### **Performance Assessment and Professional D. (GES10979M)**

1. Job performance - description, characterization and definition of the concept
2. Performance and performance evaluation - performance evaluation systems and processes
3. Performance management - relationships between performance evaluation and people management processes in organizations
4. Performance determinants
5. Historical overview of the research on performance evaluation
6. Performance management and professional development
7. Structured actions of intentional development - Coaching, mentoring, Balint groups, supervision and training
8. Multidimensional development - competences development, motivational development, ethical development, self-knowledge development, psychological capital
9. Career development and professional development - the decent work context
10. Integrating performance evaluation, professional development and people management in organizations

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### **Labor Law (ECN12641M)**

1. Law, labour relations and Labour Law (object and content).
2. The labour contract: legal concept, essential elements and characteristics. Distinction between the labour contract and the service contract: difficulties and solutions. Labour contracts subject to special legislation: brief notions.
3. The formation of the labour contract; incidental elements of the labour contract (the condition and the term); the legal regime of the fixed-term labour contract.
4. The employer and the employee: rights and duties.
5. The termination of the individual labour contract: some problems.

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### **Organizational Change Management (GES10975M)**

1. Actual organizational environment
2. Managing change: what is and for what it serves?
3. Organizational Change
4. Models of change management
5. Organizational constraints and individual change
6. Team management and change projects

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### **Introduction to Coaching (PSI11158M)**

Concepts of coaching and other intentional developmental practices

Types of coaching

Theoretical perspectives of coaching

Models and approaches in coaching

Coaching processes: its structure and functioning

Training of coaching professionals

Psychological coaching

The qualification and legitimation of coaching

Competences relevant to the practice of coaching

Ethics in coaching practice



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### **Social Psychology of Environment (PSI13251M)**

1. Place identity and intergroupal relationships
2. Risk perception and prevention behaviour
3. Attitudes, Values, Social Dilemmas and environmental behaviour
4. Environmental Influences on Human Behaviour and Well-Being
5. Sustainable Behaviour and Social Responsibility
6. Public Participation

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### **Work and Social Inclusion (PSI13250M)**

1. Work and career
  - 1.1. The changing nature of work in globalized society
  - 1.2. The importance of work in people's lives
  - 1.3. Work and well-being
  - 1.4. Research on the importance of work
2. Decent Work
  - 2.1. Decent work in globalized economies
  - 2.2. Theoretical perspectives of decent work
  - 2.3. Research on decent work
3. Work and social inclusion
  - 3.1. Unemployment and social sustainability
  - 3.2. Discrimination at work: racism, sexism and xenophobia
  - 3.3. Practices for social inclusion through work
  - 3.4. Research on socio-occupational inclusion

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### **Psychological Consultation (PSI11132M)**



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**Dynamic Psychotherapy with Children and Adolescents (PSI11133M)**

1. Basic Principles of Psychoanalytic Psychotherapy for Children
2. The models of attendance in psychotherapy of children
3. Work with the parents
  - 3.1. Attendance
  - 3.2. Interview with parents and medical history
  - 3.3. Working with parents
4. Therapeutic setting in Child Psychotherapy
  - 4.1. Relationship between space and therapeutic relationship
  - 4.2. Characteristics of the space
  - 4.3. Materials used in therapeutic work with children
5. Assessment and Diagnosis in Child Psychotherapy
  - 5.1. Clinical interview with the child
  - 5.2. Use of tests and instruments
6. The initial phases of the therapeutic process and the establishment of the therapeutic relationship
  - 6.1. Goals of therapy
  - 6.2. Therapeutic contract
  - 6.3. Therapeutic relationship
7. Therapist Variables
  - 7.1. Transference and countertransference in the therapist's work
8. Psychotherapeutic work in different Psychopathologies

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**Behavioural and Cognitive Psychotherapies with Adults (PSI11134M)**

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**Psychological Assessment in Clinical Contexts (PSI11135M)**

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**Qualitative Data Analysis in Psychology (PSI11136M)**

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**Quantitative Data Analysis in Psychology (PSI11137M)**

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**Internship in Clinical Psychology (PSI11138M)**

Not applicable

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**Vocational Psychology (PSI11143M)**



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### **Dynamics on Teaching-Learning Processes (PSI11141M)**

1. Structure and organization of the school
2. Education
  - 2.1. Psychology in teacher education
  - 2.2. The professional development of teachers
  - 2.3. Prospects of psychological intervention in the teaching
3. Dynamics of teaching and learning:
  - 3.1. Relational dynamics in the teaching-learning
  - 3.4. Classroom Management
  - 3.3. Prospects of psychological intervention in the dynamics of teaching and learning.

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### **Knowledge and lifelong learning (PSI13147M)**

1. Knowledge society - paradigm and challenges
2. Epistemological development in the life cycle
3. Formation of concepts and knowledge building.
4. Transversal skills and knowledge.
5. Lifelong learning.

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### **Language, Reading and Writing Psychology (PSI13148M)**

1. The study of language
  - The nature and specificity of human language
  - The biological and developmental bases of language
2. Language acquisition and development
  - Phonological development
  - Lexical and semantic development
  - Early syntactic development
3. Oral language:
  - Describing speech
  - Processes involved in speech perception and word recognition
  - Models of speech production and comprehension
4. Written language
  - Reading and writing
  - Writing systems and orthography
  - Psycholinguistic processes involved in fluent reading and writing
  - Reading acquisition
  - Theoretical models of reading and writing acquisition
  - Teaching methods
  - Factors that influence learning
5. Specific learning disabilities in reading and writing





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### **Psychological Counselling in School Contexts (PSI13143M)**

1. Psychological intervention in school contexts
  - Theoretical models and professional practices
  - Multilevel models of psychological intervention
  - Functions, roles and professional practices of school and educational psychologists
  - Ethical and deontological issues in psychological intervention in school contexts
  - Research and psychological intervention in school contexts
2. Psychological and psycho-pedagogical counseling and support
  - Models of psychological counseling
  - Psychological counseling and consultation in school contexts
  - Case formulation and conceptualization and design of psychological reports
3. Psychological counseling and promotion of development and mental health
  - The ecological-developmental model of psychological intervention
  - Perspectives for a psychological intervention in context for the prevention and resolution of problems.

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### **Intervention by Programs and Projects in Educational Psychology (PSI13144M)**

1. Introduction
2. The systemic intervention in Educational Psychology
  - 2.1. Key Concepts
  - 2.2. The requests and their analysis
  - 2.3. Contractual intervention definition of the context
3. Intervention by programs and their operationalization
  - 3.1. Foundations and characteristics of the program intervention model
  - 3.2. Typology and main types of programs
  - 3.3. Phases and intervention development
  - 3.4. Construction, development and evaluation of intervention programs
4. Intervention programs in educational contexts
  - 4.1. Social-Emotional Area
  - 4.2. Cognitive area
  - 4.3. Behavioral area
  - 4.4. Learning and teaching
5. Project intervention and its operationalization
  - 5.1. Needs Analysis
  - 5.2. planning and elaboration of intervention projects in diverse contexts
  - 5.3. Preventive intervention of risks and promotion of protective factors in different contexts



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### **Psychology and Special Needs of Education (PSI13146M)**

#### **1 INTRODUCTION TO S.E.N.**

#### **2 MODELS AND PRACTICES**

##### **2.1 From Exclusion to Integration**

##### **2.2 Inclusion and Inclusive Education**

##### **2.3 Psychology, models and practices in S.E.N.**

#### **3 PERSON WITH SPECIAL NEEDS**

##### **3.1 Sensory**

##### **3.2. Motor**

##### **3.3. Cognitive domain**

##### **3.4. Multiple disabilities**

##### **3.5. Communication and language**

##### **3.6. Autism spectrum disorders**

##### **3.7. Hyperactivity with/without Attention Deficit Disorder**

##### **3.8. Learning Disability**

#### **4 SETTINGS, RESOURCES AND MODELS OF INTERVENTION**

##### **4.1. Organization and Functioning to Support Inclusive Education in Portugal**

###### **4.1.1. Resources to Support Learning and Inclusion**

###### **4.1.2. Multidisciplinary Team**

###### **4.1.3. The Psychologist in Multidisciplinary Team**

###### **4.1.4. Measures to Support Learning and Inclusion**

##### **4.2. Mobilization of Supports Measures**

###### **4.2.1. Process of Identification, Planning and Intervention**

#### **5 INTERVENTION STRATEGIES**

##### **5.1. Educational and Psychopedagogical Interventions**

##### **5.2. Information Communication Technology**

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### **Psychological Assessment in Educative Contexts (PSI13145M)**

#### **1. Conceptualization and uses of Psychological assessment in contexts of Education**

##### **1.1 Models of psychological assessment**

##### **1.2 Validity of psychological assessment processes**

##### **1.3 Psychological assessment as a process based in multiple evidences versus assessment as testing**

#### **2. Thorough and critical study of methods and techniques of psychological assessment**

##### **2.1 The architecture of psychological assessment instruments**

##### **2.2 Observation checklists and protocols in Education**

#### **3. Assessment of relevant areas in education**

##### **3.1 Assessment of intelligence**

##### **3.2 Assessment of personality, self-esteem and self-concept**

##### **3.3 Assessment of behavior**

#### **4. Elaboration of psychological assessment reports**



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### **Internship in Educational Psychology (PSI11147M)**

Considering the intervention areas of the educational psychologist, the practicum in Educational Psychology will address three major areas of intervention:

1. Individual intervention (namely, development of support activities, psychological counseling and psycho-educational support).
2. Group Intervention (development activities with small groups of actors in the context - students, teachers).
3. Intervention in the wider educational context - institutions, families, community (development activities that promote the development of the system of community relationships).

The stages include, among others, the following activities:

- A. Psychological assessment and case conceptualization.
- B. Monitoring and follow up of individual cases.
- C. Psychological counseling and psycho-educational support.
- D. Vocational counseling.
- E. Intervention activities in small groups.
- F. Collaboration in training actions in the context of the actors and / or conducting experiments and projects.

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### **Occupational Health Psychology (PSI13239M)**

1. Theoretical and historical foundations of Occupational Health Psychology
2. Management of work wellbeing
  - 2.1. Limitations to wellbeing due to the social relations of the workplace Work stress
    - 2.1.1. Burnout
    - 2.1.2. Psychological violence and harassment in the workplace
    - 2.1.3. Sexual harassment
  - 2.2. Limitations to wellbeing due to employment instability
    - 2.2.1. Unemployment
    - 2.2.2. Temporary work
    - 2.2.3. Pre-retirement and retirement
  - 2.3. Limitations to wellbeing due to work and family relationship
    - 2.3.1. Work-family and family-work interference
  - 2.4. Work as a source of well-being
    - 2.4.1. Work engagement
    - 2.4.2. Flow / other positive approaches



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### **Work and Organizational Psychology (PSI13244M)**

1. Institutional framework of Work and Organizational Psychology (PTO)
  - 1.1. The European Federation of Psychologists' Association  
European Certificate in Psychology (Europsy)
  - 1.2. The European Association of Work and Organizational Psychology (EAWOP)
  - 1.3. The Ordem dos Psicólogos Portugueses (OPP)
  - 1.4. Other institutional frameworks: the Society for Industrial and Organizational Psychology
2. The PTO
  - 2.1. The relation of the worker with his work  
Physical, cognitive and emotional workload  
Ergonomic work analysis  
The task analysis and the activity analysis
  - 2.2. The relational and social dimension of organizations  
Psychosocial risks  
The representations of work  
The values at work  
Diversity and multiculturalism
3. The Psychologist of Work and Organizations
  - 3.1. Roles and forms of action of the Psychologist of Work and Organizations
  - 3.2. Ethics, Deontology and Organizational Responsibility  
Ethical Dilemmas in PTO

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### **Advanced Topics in Social Psychology (PSI13246M)**

1. Cognição social e teoria da Mente
2. Judgment and Decision Making)
  - 2.1. Judgment and choice under risk and uncertainty: heuristics and bias)
  - 2.2. Judgment and choice over time
3. Attitudes and Persuasion
  - 3.1. The subliminal persuasion
  - 3.2. Attitudes and Behaviour: When attitudes are not enough
4. Social Identity, Stereotypes and Intergrupual Relationships
  - 4.1. Effects of social categorization
  - 4.2. How to escape to a negative group membership
  - 4.3. Terror management theory and intergrupual relationships
5. Helping e social engagement

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### **Psychology of People Management (PSI13240M)**

- 1 - Introduction: People Management and its framework
- 2 - Strategic people management, people analytics and organizational strategy
- 3 - Work analysis and characterization
- 4 - Recruitment and selection
- 5 - Organizational entry, socialization and psychological contract
- 6 - Compensation
- 7 - Performance appraisal
- 8 - People development
- 9 - Firing people, turnover and retirement
- 10 - Ethics in People Management and Decent Work
- 11 - Expatriation, diversity and intercultural issues



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### **Diagnostic and Intervention in Social Psychology (PSI13247M)**

#### **I. Approaches to Social Diagnosis**

- 1.1. Social diagnosis: genesis, concepts and functions
- 1.2. The diagnosis in the planning of social intervention
- 1.3. Levels and Models of Social diagnosis
- 1.4. Diagnosis Process: goals, problems identification, implementation, data collection and analysis
- 1.5. Problem analysis: strategies and processes
- 1.6. Techniques of social diagnosis at different levels: individual, group, organizational and institutional
- 1.7. Social diagnosis: report and feedback
- 1.8. Case Studies

#### **II. Social Intervention**

- 2.1. Identification and characterization of the application
- 2.2. Levels of intervention: individual, group, organizational and institutional
- 2.3. Stages of social intervention
- 2.4. Intervention methods and techniques
- 2.5. Monitoring and evaluation of the intervention
- 2.6. Case Studies

#### **III. Ethical principles in diagnosis and social intervention**

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### **Organizational assessment and intervention (PSI13245M)**

#### **1. Assessment in organizations**

- 1.1. The role of assessment in organizational interventions
- 1.2. Models and levels of assessment in organizations
- 1.3. The assessment process in organizations
- 1.4. Communication of assessment in organizations
- 1.5. Ethics in organizational assessment

#### **2. Organizational intervention**

- 2.1. Organizational intervention models and designs
- 2.2. Organizational intervention levels and scope
- 2.3. Organizational intervention processes
- 2.4. Organizational intervention evaluation
- 2.5. Organizational intervention communication
- 2.6. Ethics in organizational intervention

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### **Management and Career Counseling (PSI13241M)**

#### **INTRODUCTION**

- 1.1. Current Career Counseling: Contexts, Challenges, and Concepts
- 1.2. Counselor's skills in Career Counseling

#### **CONSTRUCTIVE PERSPECTIVE OF VOCATIONAL BEHAVIOR AND CAREER DEVELOPMENT**

- 2.1. Career Construction Theory
- 2.2. The assessment of personality types, adaptability and life themes

#### **THE CAREER COUNSELING PROCESS**

- 3.1. Career decision-making difficulties
- 3.2. Stages of Career Counseling Process
- 3.3. The process of change in career counseling: research
- 3.4. Career counseling dilemmas: research



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### **Ethical M. Corporate Social Responsibility (GES10937M)**

Module I: Organizational Performance and Integration of Interests

Introduction to the problem of organizational performance

Economic, Social and Environmental Performance

Identification, selection and diagnosis of relevant stakeholders

Strategic management of organizational interdependencies

Module II: Business Ethics

Delineation of key concepts: Ethics, Morals, Professional Ethics, Sustainable Development, Social Responsibility and Business Ethics

Presentation of a set of ethical theories and corporate social responsibility

The role of ethical and conduct codes and the creation of a management model for ethical culture

Models of ethical decision - Application of a framework to support the resolution of ethical dilemmas

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### **Internship in Work, Organizational and Social Psychology (PSI13248M)**

1. Individual intervention.

2. Group Intervention (referring to a team or organizational unit).

3. Intervention in the organization as a whole.

4. Intervention in the context of the organization's relationship with the outside world.

In this framework, there are two major areas of intervention:

A. Philosophical, strategic and political - participation in activities involving direct reflection on the philosophy, strategy or policies of the organization;

B. Technical and operational - participation in actions that directly mobilize technical skills of the work and organizational psychology.