



Study Plan

School: School of Social Sciences

Degree: Bachelor

Course: Psychology (cód. 748)

1st Year - 1st Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
BIO11085L	Celular and Hereditary Biology	Biological Sciences	6	Semester	156
MAT02558L	Statistics Applied to Human and Social Sciences	Mathematics	6	Semester	156
PSI11087L	Epistemology and Psychology History	Psychology	6	Semester	156
PSI13097L	Developmental Psychology of Childhood and Adolescence	Psychology	6	Semester	156
PSI11089L	Seminar in Personal and Academic Development	Psychology	6	Semester	156

1st Year - 2nd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
BIO11090L	Neuroendocrine Biology	Biological Sciences	6	Semester	156
PSI11091L	Introduction to Research Methods in Psychology	Psychology	6	Semester	156
PSI13098L	Developmental Psychology of Adult and Aged	Psychology	6	Semester	156
PSI11093L	Psychology of Perception and Attention	Psychology	6	Semester	156

Options-Group I

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02320L	Introduction to Social Sciences	Sociology	6	Semester	156
SOC12646L	Cultural Anthropology	Sociology	6	Semester	156
FIL02565L	Contemporary Philosophical Thinking	Philosophy	6	Semester	156
FIL02321L	Critical Thinking and Argumentation	Philosophy	6	Semester	156

2nd Year - 3rd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11098L	Research Methods in Psychology	Psychology	6	Semester	156
PSI11099L	Psychology of Learning	Psychology	6	Semester	156
PSI11100L	Social Psychology	Psychology	6	Semester	156
PSI13096L	Psychodynamic and Humanistic Models	Psychology	6	Semester	156



2nd Year - 3rd Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Options-Group I e II					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02320L	Introduction to Social Sciences	Sociology	6	Semester	156
SOC12646L	Cultural Anthropology	Sociology	6	Semester	156
FIL02565L	Contemporary Philosophical Thinking	Philosophy	6	Semester	156
FIL02321L	Critical Thinking and Argumentation	Philosophy	6	Semester	156
MAT02557L	Multivariate Data Analysis	Mathematics	6	Semester	156
GES02310L	Entrepreneurship and Innovation	Management	6	Semester	156
PSI13102L	Human Behaviour and Environment	Psychology	6	Semester	156
PSI11118L	Psychology of Memory and Language	Psychology	6	Semester	156
PSI11119L	Psychology of the Family	Psychology	6	Semester	156
PSI11120L	Psychology of Pregnancy and Motherhood	Psychology	6	Semester	156
PSI13100L	Psychogerontology	Psychology	6	Semester	156
PSI11122L	Early Intervention	Psychology	6	Semester	156
PSI11125L	Psychology of Health	Psychology	6	Semester	156
PSI13142L	Psychology and Gender Issues	Psychology	6	Semester	156
PSI11127L	Self-knowledge and Emotion Regulation	Psychology	6	Semester	156

2nd Year - 4th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11102L	Neuropsychology	Psychology	6	Semester	156
PSI11103L	Social Psychology of Groups	Psychology	6	Semester	156
PSI11104L	Behaviour, Cognitive and Systemic Models	Psychology	6	Semester	156
PSI11105L	Psychometry	Psychology	6	Semester	156



2nd Year - 4th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Options-Group I e II					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02320L	Introduction to Social Sciences	Sociology	6	Semester	156
SOC12646L	Cultural Anthropology	Sociology	6	Semester	156
FIL02565L	Contemporary Philosophical Thinking	Philosophy	6	Semester	156
FIL02321L	Critical Thinking and Argumentation	Philosophy	6	Semester	156
MAT02557L	Multivariate Data Analysis	Mathematics	6	Semester	156
GES02310L	Entrepreneurship and Innovation	Management	6	Semester	156
PSI13102L	Human Behaviour and Environment	Psychology	6	Semester	156
PSI11118L	Psychology of Memory and Language	Psychology	6	Semester	156
PSI11119L	Psychology of the Family	Psychology	6	Semester	156
PSI11120L	Psychology of Pregnancy and Motherhood	Psychology	6	Semester	156
PSI13100L	Psychogerontology	Psychology	6	Semester	156
PSI11122L	Early Intervention	Psychology	6	Semester	156
PSI11125L	Psychology of Health	Psychology	6	Semester	156
PSI13142L	Psychology and Gender Issues	Psychology	6	Semester	156
PSI11127L	Self-knowledge and Emotion Regulation	Psychology	6	Semester	156

3rd Year - 5th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11106L	Psychological Evaluation Methods	Psychology	6	Semester	156
PSI13234L	General Psychopathology	Psychology	6	Semester	156
PSI13141L	Psychology of Cognition and Emotion	Psychology	6	Semester	156
PSI02576L	Relation and Communication	Psychology	6	Semester	156



3rd Year - 5th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Options-Group I e II					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02320L	Introduction to Social Sciences	Sociology	6	Semester	156
SOC12646L	Cultural Anthropology	Sociology	6	Semester	156
FIL02565L	Contemporary Philosophical Thinking	Philosophy	6	Semester	156
FIL02321L	Critical Thinking and Argumentation	Philosophy	6	Semester	156
MAT02557L	Multivariate Data Analysis	Mathematics	6	Semester	156
GES02310L	Entrepreneurship and Innovation	Management	6	Semester	156
PSI13102L	Human Behaviour and Environment	Psychology	6	Semester	156
PSI11118L	Psychology of Memory and Language	Psychology	6	Semester	156
PSI11119L	Psychology of the Family	Psychology	6	Semester	156
PSI11120L	Psychology of Pregnancy and Motherhood	Psychology	6	Semester	156
PSI13100L	Psychogerontology	Psychology	6	Semester	156
PSI11122L	Early Intervention	Psychology	6	Semester	156
PSI11125L	Psychology of Health	Psychology	6	Semester	156
PSI13142L	Psychology and Gender Issues	Psychology	6	Semester	156
PSI11127L	Self-knowledge and Emotion Regulation	Psychology	6	Semester	156

3rd Year - 6th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
PSI11110L	Differential Psychology	Psychology	6	Semester	156
PSI11111L	Psychology of Education	Psychology	6	Semester	156
PSI11112L	Psychosociology of Organizations	Psychology	6	Semester	156
PSI11113L	Clinic Psychology	Psychology	6	Semester	156



3rd Year - 6th Semester

Component code	Name	Scientific Area Field	ECTS	Duration	Hours
Options-Group I e II					
Component code	Name	Scientific Area Field	ECTS	Duration	Hours
SOC02320L	Introduction to Social Sciences	Sociology	6	Semester	156
SOC12646L	Cultural Anthropology	Sociology	6	Semester	156
FIL02565L	Contemporary Philosophical Thinking	Philosophy	6	Semester	156
FIL02321L	Critical Thinking and Argumentation	Philosophy	6	Semester	156
MAT02557L	Multivariate Data Analysis	Mathematics	6	Semester	156
GES02310L	Entrepreneurship and Innovation	Management	6	Semester	156
PSI13102L	Human Behaviour and Environment	Psychology	6	Semester	156
PSI11118L	Psychology of Memory and Language	Psychology	6	Semester	156
PSI11119L	Psychology of the Family	Psychology	6	Semester	156
PSI11120L	Psychology of Pregnancy and Motherhood	Psychology	6	Semester	156
PSI13100L	Psychogerontology	Psychology	6	Semester	156
PSI11122L	Early Intervention	Psychology	6	Semester	156
PSI11125L	Psychology of Health	Psychology	6	Semester	156
PSI13142L	Psychology and Gender Issues	Psychology	6	Semester	156
PSI11127L	Self-knowledge and Emotion Regulation	Psychology	6	Semester	156



Conditions for obtaining the Degree:

*** TRANSLATE ME: Psicologia{\ }newline

Para obtenção do grau de licenciado em Psicologia é necessário obter aprovação a 150 ECTS em unidades curriculares obrigatórias e 30 ECTS em unidades curriculares optativas, distribuídas da seguinte forma:

1º Ano

1º Semestre:

5 UC Obrigatórias num total de 30 ECTS

2º Semestre:

4 UC Obrigatórias num total de 24 ECTS

1 UC Optativa do Grupo I num total de 6 ECTS

2º Ano

3º Semestre:

4 UC Obrigatórias num total de 24 ECTS

1 UC Optativa do Grupo I e II num total de 6 ECTS

4º Semestre:

4 UC Obrigatórias num total de 24 ECTS

1 UC Optativa do Grupo I e II num total de 6 ECTS

3º Ano

5º Semestre:

4 UC Obrigatórias num total de 24 ECTS

1 UC Optativa do Grupo I e II num total de 6 ECTS

6º Semestre:

4 UC Obrigatórias num total de 24 ECTS

1 UC Optativa do Grupo I e II num total de 6 ECTS ***

Program Contents

[Back](#)

Celular and Hereditary Biology (BIO11085L)

[Back](#)

Statistics Applied to Human and Social Sciences (MAT02558L)

[Back](#)

Epistemology and Psychology History (PSI11087L)



[Back](#)

Developmental Psychology of Childhood and Adolescence (PSI13097L)

1. The Psychology of Development in the framework of the scientific Psychology
 - Perspective of Developmental Psychology
 - Factors, processes and contexts of development
2. Prenatal Development and the Newborn Child
 - Conception, Pregnancy and Parenting
 - The neonatal period and the newborn
 - Early relationship and attachment
3. Cognitive Development
 - Theories and models of cognitive development
 - Stages of cognitive development in childhood and adolescence
 - Socio-cognitive and moral development
4. Socio-affective development
 - Social experiences in the first years of life: the baby and the family
 - Psychodynamic perspectives on child and adolescent development
 - Development of autonomy
 - Developing awareness of self and others
5. The child as a unit
 - Ecological development perspectives
 - The child and his expressions
 - Observation and evaluation of child development
6. Perspectives on adolescence

[Back](#)

Seminar in Personal and Academic Development (PSI11089L)

1. Integration in the University - personal, social and academic factors.
2. Conceptions and approaches to learning and their influence on the learning process.
3. Goal setting and motivation.
4. Planning, organizing and time managing
5. Cognitive and metacognitive strategies of study and learning.
6. Management and monitoring of emotions / academic feelings in the learning process.
7. Self-regulation of the learning process - phases, components and strategies.

[Back](#)

Neuroendocrine Biology (BIO11090L)

Neuro-endocrine Biology: A base física da função neuronal; Células do sistema nervoso; Transmissão dos sinais entre neurónios; Polarização da membrana; Transmissão sináptica; Neurotransmissores; Organização Geral do Sistema Nervoso; Sistema nervoso central: estrutura e funcionamento; Sistema nervoso periférico; Nervos cranianos e raquidianos; Mecanismos secretores; Neurotransmissores e hormonas; Composição química das hormonas; Circuitos endócrinos; Receptores hormonais; Sistema neuro-endócrino; O controlo hipotalâmico da adeno-hipófise; Efeitos fisiológicos das hormonas; Hormonas metabólicas e de desenvolvimento; Hormonas da reprodução.

PRIMATOLOGIA: Aprendizagem em Primatas homínídeos; Organização social de Primatas homínídeos. Visionamento de filmes e documentários; assistência a palestras convidadas.



[Back](#)

Introduction to Research Methods in Psychology (PSI11091L)

[Back](#)

Developmental Psychology of Adult and Aged (PSI13098L)

Around the concept of development (Development over the life cycle / Development and contexts / Development and construction of life trajectories / Development and well-being / Methodological questions in the study of development)

Adulthood and Old Age

The concept of adulthood and old age

Aging in the context of development

Different stages and transition processes

The physical transformations and the experience of the body

Cognitive development

Psychosocial development (Erikson, Neugarten, Havighurst, Levinson, Baltes and McAdams) and their contexts (love relations and conjugality / Parenting and intergenerational relationships in the family / Friendship relations and social networks / Work, reform and the organization of leisure time).

From the risks of aging to successful aging.

The last stage of development: between reviewing life and facing personal death

[Back](#)

Psychology of Perception and Attention (PSI11093L)

1. Cognitive Psychology

1. Key assumptions: the information processing approach and the concept of internal representation

2. Approaches to human cognition

2. Perception

1. General principles of sensation and perception

2. The physics and physiology of vision

3. Theories of visual perception

4. Processes of perceptual organization, depth perception and colour perception

5. Object recognition between- and within- categories of visual objects

3. Attention

1. Processing limitations and the selection of information

2. Theories, models and methodological approaches to selective attention

3. Theories, models and methodological approaches to divided attention

4. Automatic vs. controlled processing



[Back](#)

Introduction to Social Sciences (SOC02320L)

I: The problem of knowledge and social sciences

1. Preliminary questions of Social sciences
2. The meaning of social: social facts and objectivity in social sciences
3. Classification of social sciences and interdisciplinarity: borders, complementarities and interceptions

II. Basic concepts of social analysis

4. The identification of the social: analysis, understanding and explanation
5. Social relations: solidarity and sociability
6. The individual and collective: social interaction and group phenomena
7. Other methodological considerations about observation and social facts analysis

III: Contemporary problems of social sciences

8. Dilemmas, problems and trends
9. Exemplifications of the applicability of the social sciences

[Back](#)

Cultural Anthropology (SOC12646L)

I - Introducing Anthropology

1. Anthropology within the context of social sciences.
2. From General Anthropology to Cultural Anthropology. Preliminary concepts.
3. The object of Cultural Anthropology;
4. The anthropological method (introductory characterization).

II – Themes of Contemporary Anthropology:

5. Identity and Difference. Racism and Xenophobia.
6. Noções de Antropologia do Simbólico: Os Ritos de Passagem.
7. (I)Material Cultures and Heritages.
8. Reciprocity and Circulation.



[Back](#)

Contemporary Philosophical Thinking (FIL02565L)

1. What is contemporary?

- Historical, cultural and philosophical notions of contemporary
- Contemporaneity, Modernity, Postmodernity
- The «life of cultures»: continuities, ruptures, the «new»

2. What is new in contemporary times?

- The fragmentation of knowledge in the early 20th century
- From certainty to suspicion: the value of interpretation
- Interpretation and transformation of the world
- Technoscience and ideology

3. Streams of contemporary thought

- Freud and Psychoanalysis
- Husserl's Phenomenology of intentionality
- The phenomenological discovery of existence: Heidegger and Sartre.
- The therapeutic extension of the philosophy: Phenomenology and Existential Analysis
- The otherness of madness, according to Foucault
- Exemplary analysis of an existential phenomenon (anguish)

4. Actually: love, liquid society, excess of positivity

- Ferry: love as a new social paradigm
- Baumann: the idea of a "liquid world"
- Han: "smooth" and "polished" in a society of fatigue.

[Back](#)

Critical Thinking and Argumentation (FIL02321L)

[Back](#)

Research Methods in Psychology (PSI11098L)

[Back](#)

Psychology of Learning (PSI11099L)

[Back](#)

Social Psychology (PSI11100L)



[Back](#)

Psychodynamic and Humanistic Models (PSI13096L)

1. Historical development of psychoanalysis.
- 1.2. Freud and the theory of drives: the topographic model, the structural model.
- 1.3 Developments after Freud:
 1. 3.1. Object relations theory - the contributions of M. Klein
 - 1.3.2. The school of Winnicott
 - 1.3.3. Self Psychology and the theory of Heinz Kohut
 - 1.3.4. The main ideas of Sidney Blatt
 - 1.3.5. The Carl Rogers framework
 - 1.3.6. Maslow contributions
 - 1.3.7. Contemporary psychoanalytic perspectives: the intersubjectivity and relational perspectives.
2. Human functioning from the psychoanalytic framework: Psychosis, depression, narcissism, and borderline disorder

[Back](#)

Multivariate Data Analysis (MAT02557L)

[Back](#)

Entrepreneurship and Innovation (GES02310L)

Module 1 – Introduction to Entrepreneurship and Innovation

- a. Definitions and concepts of Entrepreneurship
- b. Profile and characteristics of entrepreneurs
- c. Social entrepreneurship and intrapreneurship
- d. What is innovation? Types of innovation
- d. Dynamics of innovation

Module 2 – Conception and Structuring business ideas

- a. Process and techniques of generating ideas
- b. Design Thinking tool
- c. Evaluation of business ideas
- d. The process of creating a business idea and firm
- e. Simulation games- from ideas to business formation



[Back](#)

Human Behaviour and Environment (PSI13102L)

1. THE ORIGIN AND THEORETICAL ROOTS OF ENVIRONMENTAL PSYCHOLOGY

- 1.1 Psychological tradition and Environmental Psychology
- 1.2. The importance of external factors
- 1.3. The emergence of environmental psychology as a new area of study
- 1.4. Ecological Psychology - Roger Baker.

2. ENVIRONMENTAL COGNITION AND SOCIO-SPATIAL BEHAVIOR

- 2.1. Cognitive maps
- 2.2. Legibility and spatial heuristics
- 2.3. Personal space and territoriality
- 2.4. Design for health promotion

3. URBAN ENVIRONMENT AND IDENTITY

- 3.1. Place attachment and Place Identity
- 3.2. Residential satisfaction and Relocation
- 3.3. Institutional environment, School environment and work environment

4. ENVIRONMENTAL STRESS AND RISK PERCEPTION

- 4.1. Socio-cognitive model of environmental stress
- 4.2. Perception and evaluation of socio-environmental risks

5. ENVIRONMENTAL PROBLEMS AND HUMAN BEHAVIOR

[Back](#)

Psychology of Memory and Language (PSI11118L)

[Back](#)

Psychology of the Family (PSI11119L)

1. Theoretical background: Epistemological Bases

- 1.1. General systems theory and cybernetics
- 1.2. Understanding fundamental systemic
- 1.3. Changing and evolving systems
- 1.4. The Pragmatics of Human Communication

2. The family in a systemic perspective

- 2.1. Development and Family Life Cycle Family
- 2.2. Evaluation of family functioning
- 2.3. Intervention with Families



[Back](#)

Psychology of Pregnancy and Motherhood (PSI11120L)

1. THE TRANSITION TO PARENTING

The waiting time (The desire to have children / Psychological changes in pregnancy / Prenatal attachment)

The time of the encounter with the real baby

The transition to parenthood in situations of risk (pregnancy risk and prematurity/ psychopathological disorders and losses and grief during pregnancy and puerperium / teenage pregnancy and situations of relational risk-HIV, drug addiction, assisted reproduction, disability)

2. PARENTING

Dimensions and determinants of parenting

Coparenting

Parenting competence and parenting styles

Positive parenting and risk parenting

Contexts of parenting (conjuality and family / single parenting, parenting in rebuilt families and homoparentality / adoption)

3. EVALUATING AND INTERVENING IN PARENTING (The role of the psychologist and other technicians in promoting early relationships / Programs for parents and future parents / Interventions in different ecological systems)

[Back](#)

Psychogerontology (PSI13100L)

1. Introduction;

1.1. Historical antecedents of Psychogerontology;

1.2 Psychogerontology as a scientific discipline: level of explanation, domains, and object of study;

2. The adult and the elderly;

2.1. Classic Perspectives;

2.2. Life-cycle development perspectives;

2.3. Empirical approaches;

2.4. Other models of development in adulthood and elderly: Neugarten, Havighurst, Tornstam, Carstensen;

2.5. Approaches to aging as an adaptive process: The SOC model;

3. Representations of the adult and the elderly;

3.1. Ildadism, stereotypes and social beliefs; 3.2. Intragroup relationships, intergroup relations, and social support

4. Research methods and themes;

4.1. Methodological and ethical issues in the study of the elderly;

4.2. Research design;

4.3. Success in aging: functionality, subjective well-being, self-esteem, and wisdom;

4.4. Depression and anxiety about death in the elderly;

4.5. Visual processes in the elderly;

4.6. Adherence to medication;

4.7. HIV and aging



[Back](#)

Early Intervention (PSI11122L)

1. Contextualization
 - 1.1 Definitions and objectives of Early Intervention;
 - 1.2 Levels of Intervention; Primary, secondary and tertiary Prevention. Pre, Peri and Post natal diagnostics. Diagnostic Levels.
 - 1.3 Risk factors and developmental disorders.
2. Early Intervention Process
 - 2.1 Intervention models
 - 2.2. Assessment and intervention planning.
 - 2.3. Intervention: child, family and community
3. Intervention Teams: conceptual models, supporting structures of the EI programs

[Back](#)

Psychology of Health (PSI11125L)

1. Health psychology: object of study and main social-cognition models of health behavior
 - 1.1. Evolution of the concepts of health and disease
 - 1.2. The biopsychosocial paradigm
 - 1.3. Health behavior and its determinants
 - 1.4. Determinants of compliance
 - 1.5. Model of health beliefs
 - 1.6. Model of planned action
 - 1.7. Leventhal's model of self-regulation
2. Relevant topics of health psychology
 - 1.1. Stress
 - 2.2. Addictive behaviors: smoking and alcoholism
 - 2.3. Chronic pain
 - 2.4. Obesity and eating disorders
 - 2.5. Cardiovascular disease
 - 2.6. Oncological disease

[Back](#)

Psychology and Gender Issues (PSI13142L)

Introduction

1. Psychology and Gender Issues: Perspectives and problematizations
 2. Psychological research on gender issues
- Part I. Gender, Identity and Stereotypes
1. Concepts of Sex and Gender
 2. Gender stereotypes, gender roles and standards of female and male behaviour
 3. Development of Gender Identity: theories and models
 4. The moral development of men and women
 5. Gender and intersectionality
- Part II. Gender and sexual orientation
1. Sexual Orientation Issues - framework and theorizations
 2. Discrimination, prejudice and heterosexism
 3. LGBTQI Identities
- Part III. Society and Gender Issues



[Back](#)

Self-knowledge and Emotion Regulation (PSI11127L)

[Back](#)

Neuropsychology (PSI11102L)

1. Neuropsychology: historical perspective and key concepts
2. Introducing the brain
 1. Structure and function of the neuron
 2. Brain organization and function
3. Methods and techniques in Neuropsychology
 1. Dissociations, associations, single case-studies and group studies
 2. Electrophysiological techniques (EEG and ERPs)
 3. Structural and functional imaging of the brain (PET and fMRI)
 4. Function inhibition (TMS)
 5. Integrating physiological and psychological findings
4. Neuropsychology of cognitive and emotional functions
 1. Attention and executive functions
 2. Visual recognition and space processing
 3. Memory
 4. Language
 5. Emotions
5. Brain lesions and neurological diseases

[Back](#)

Social Psychology of Groups (PSI11103L)

[Back](#)

Behaviour, Cognitive and Systemic Models (PSI11104L)

[Back](#)

Psychometry (PSI11105L)

[Back](#)

Psychological Evaluation Methods (PSI11106L)



[Back](#)

General Psychopathology (PSI13234L)

PART I- Psychopathology: Study matter, concepts, semiology and methods

- 1- The scientific field of Psychopathology
- 2- Assessment in Psychopathology
- 3- Classification and diagnosis in Psychopathology
- 4- Psychopathological semiology

PARTE II - Nosology: Description of diagnostic entities in Psychopathology

- 1- Schizophrenia and other Psychotic Disorders
- 2- Depressive Disorders and the suicide
- 3- Bipolar Disorders
- 4- Anxiety Disorders
- 5- Obsessive-Compulsive and Related Disorders
- 6- Traumas and Stressor-Related Disorders
- 7- Somatic Symptom Disorders and the Psychosomatics
- 8- Factitious Disorder
- 9- Anorexia Nervosa and Bulimia Nervosa
- 10- Personality Disorders
- 11- Substance-Related Disorders
- 12- Some disorders in childhood and adolescence

[Back](#)

Psychology of Cognition and Emotion (PSI13141L)

1. EMOTIONS

- 1.1. Concept of emotion
- 1.2. Components of emotions
- 1.3. Theories of Emotions
- 1.4. Types of Emotions
- 1.5. Functions of Emotions

2. FEELINGS

- 1.1. Concept of feeling
- 1.2. Components of feelings
- 1.3. Theory of feelings
- 1.4. Types of feelings
- 1.5. Feelings, biology, and culture

3. RELATIONSHIP BETWEEN COGNITIVE AND AFFECTIVE PROCESSES

- 3.1. The relationship between emotions/feelings and cognitive processes
- 3.2. Metacognition, affect and emotional regulation

[Back](#)

Relation and Communication (PSI02576L)

[Back](#)

Differential Psychology (PSI11110L)



[Back](#)

Psychology of Education (PSI11111L)

1. The Psychology of Education
 - Evolution of models
 - Psychological intervention in educational contexts: practice and research
 - Ethical issues
2. Development, Learning and Change in Educational Contexts
 - Psychological development, learning and change
 - Perspectives on learning: behavioral, cognitive and constructivist
3. Personal, Relational and Social Dimensions in Educational Contexts
 - Personal and affective dimensions: Self-esteem, self-concept, self-efficacy; Motivational processes
 - Interpersonal and relational dynamics in educational processes: Representations and expectations; Risk behaviors and resilience.
 - Social influences in school contexts and their impacts: Influence of peers; Influence of teachers; Influences of family and cultural contexts; Involvement of the student in the School
4. Perspectives for psychological intervention
 - Prevention and problem solving
 - Promotion of well-being and mental health

[Back](#)

Psychossociology of Organizations (PSI11112L)

[Back](#)

Clinic Psychology (PSI11113L)

1. Clinical Psychology history and foundations.
2. Psychopathology, Well-being and Development.
3. General principles, procedures and techniques in clinical psychology.
4. Basic competences and skills of a clinical psychologist. Personal and professional development for clinical psychologists.
5. Integrating science and practice in clinical psychology. Empiric support and contributes from the practitioners. Practice Based Research Networks.
6. Areas of practice in Psychology. Traditional contexts and new contexts of practice in clinical psychology.
7. Ethical questions and decision-making processes in clinical psychology.